

CONFESSION: THE UNCENSORED DIARY OF MY AFFAIR

GRAZIA

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THE POWER
WOMEN
PIONEERING
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CAREERS

Angelina's MARRIAGE REGRETS

'CAN I EVER REPAIR
THE DAMAGE I'VE DONE?'

PLUS Exclusive interview with the
man behind Brangelina – the movie



BREAKING NEWS

KYLIE'S
'HEARTBREAK' AS
FLANCE ACCUSED
OF CHEATING

YOUR DENIM DIRECTORY

NEW TRENDS

COOL BRANDS

HELLO
YELLOW!
STYLE THE
SEASON'S
HAPPIEST
HUE



ISSUE 614

SPAIN 0.50 GREECE 0.50



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PLUS
CHECK INTO
THE SHAPE
CLINIC

FENDI



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@natashaGrazia
graziadaily.co.uk

13 February 2017



Were you one of those people who became so incensed by how your social media friends voted during Brexit that you instantly blocked them in protest? And now, seven months later, you're contending with the President Trump divide. Writer Kate Wills spent 48 hours 'bursting her news bubble' by reintroducing the people and media outlets that hold opposing views to her own. Find out what she learned on page 36. Joining the debate, Washington political correspondent Marin Cogan shares her insider knowledge on the impact the world protests are having on the President himself (page 26).

On a slightly cheerier note (let's face it, we need it), the high street has fallen in love with the colour yellow, and so have we. *Grazia* fashion's Charlie Gowans-Eglinton talks you through the key pieces and explains which shades will suit your skin tone. No excuses. And while you're shopping, delve into our special denim directory on page 63, where we bring you the latest trends and coolest brands.

Enjoy the issue!

NATASHA PEARLMAN

PS This year we've partnered with the newly relaunched London Fashion Week Festival at 180 The Strand. During this four-day showcase, you'll get unparalleled access to the industry, catwalk shows, shopping and events. Join us there, with a special 20% saving on tickets, by quoting 'GRAZIA' when booking via londonfashionweekfestival.com

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Miss Dior

ABSOLUTELY BLOOMING



THE DELICIOUS NEW FLORAL BY DIOR

FASHION CHARTS

This week's Top 10 is full of beloved BAGS, sizzling STRIPES and the anorak of DREAMS (you'll believe us when you see it!)

1.

EN POINTE

Shoes, £28, River Island (riverisland.com). We can't get enough of these catwalk-

esque beauties. Pair them with cropped jeans to show off those pretty gingham ribbons.



SHOP
THIS PAGE!
INSTANTLY ON
THE GRAZIA APP

4.

KITCHEN SINK SHOPPER

Bag, £255, Karen Millen (karenmillen.com). Super-chic and large enough to carry your essentials and then some, KM comes up trumps with this affordable It bag.



2.

COLD SHOULDER

Shirt, £330, Victoria, Victoria Beckham (avenue32.com).

Bored of winter knits? Layer this exposed-shoulder shirt over a polo neck now, and get ready to bare all come spring.



3.

THE VETEMENTS EFFECT

Jeans, £50, Monki (monki.com). The jeans you've been coveting on every street-style star have arrived on the high street. Just add an oversized hoodie and kitten heels.



5.

NEW GUARD

Blouse, £228, skirt, £418, and trousers, £358, all Diane von Furstenberg

(020 7499 0886). Jonathan Saunders' debut collection for DVF brings Brit cool to the classic American house. ▶



FASHION CHARTS

6.

MILITARY HONOURS

Jacket, £78, Next (next.co.uk). This elevated army jacket is the perfect addition to your weekend wardrobe, especially in the drizzly British climate.



STRIPE TEASE

Trousers, £275, Alice + Olivia (net-a-porter.com). Stripes are officially this season's hottest print. Wear these trousers with everything from lace camis to oversized shirts.

7.

8.

IT BAG ALERT!

Bag, £850, Max Mara (maxmara.com). The handbag

equivalent of a killer red lipstick; inject some colour into your winter wardrobe with Max Mara's must-have BoBag.



9.

MONO BLOCKING

Jacket, £513, and trousers, £224, both See by Chloé (chloe.com). Clean lines and sporty accessories make this head-to-toe look anything but boring beige.



10.

HIGH-STREET HERO

Earrings, £10, French Connection (frenchconnection.com). Instantly up your fashion credentials with these sculptural earrings from French Connection.



Edited by Chloe Bloch. Photos: Marco Vittur. Sometimes things sell out faster than you can say, 'Get them before they go!' if you're having problems, please contact the brand directly, or let us know at feedback@graziamagazine.co.uk and we'll try to help.

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GRAZIA'S

CHART OF LUST

This week, who we LOVE, want to TWEET, and, yes, even actually BE

1. NEW IN

THE HIDDEN FIGURES WOMEN

Award-winning and utterly magnificent. We're also enjoying seeing Taraji P Henson switch *Empire*'s high-fashion Cookie costume for the cat's eye glasses 'n' twinset retro mathematician vibe.

2. UP

JUSTIN TRUDEAU

As our faith in the political system/ its current leading proponents takes a right battering, the Canadian PM remains unutterably decent.

3. NEW IN

THE HOT BOSS ON CRAZY EX GIRLFRIEND

He's got a square jaw, some sharp suits and a load of Daddy issues, and if we were Rachel Bloom, we so would (we also think she so will, before Season 2 is out).



4. UP

RYAN REYNOLDS

Unusually funny on Twitter, for a Famous. See this: 'Went to Disneyland because my daughter's obsessed with Mickey Mouse. She was so excited when I got home and told her.'



5. UP

CHRISSY TEIGEN

Unusually cool on Twitter, for a Famous. See this, from last week, re pregnancy rumours: 'I said our next baby is a boy, because that's the [frozen] embryo we have left.'



6. UP

GWYNETH

If Goop's Valentine's Day gift guide is anything to go by (edited highlights: things that tickle stuff, SEX DUST), GP is filled with lust right now! Overflowing with it, she is!



7. UP

MILIBAND, E

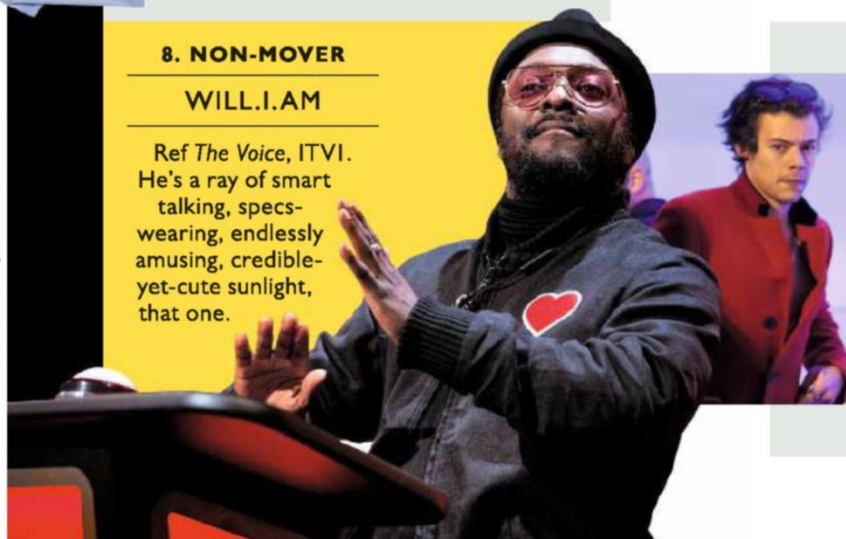
He's recurring (*Newsnight*, where he denounced Theresa May's courting of Trump, D; and Jezebel, who declared him sort-of hot). It seems Milifandom (Milimania?) is happening all over again.



8. NON-MOVER

WILL.I.AM

Ref *The Voice*, ITVI. He's a ray of smart talking, specs-wearing, endlessly amusing, credible-yet-cute sunlight, that one.



9. UP

HAZZA STYLEZ

He lost it for a bit, but appears to have got it back again recently. This is the lust equivalent of finding a scrumpled fiver you'd forgotten about, in a jeans pocket.

10. NEW IN

JOHN DANIEL

Gorilla adopted by inhabitants of a Gloucestershire village in the early 1900s. Liked: cider, eating roses, and going to school with the local children. Dead now of course, still delightful.



As *Brangelina: The Movie* is announced, the man behind it reveals Angelina's misgivings over how she ended her marriage...

ANGELINA'S REGRETS

over vicious divorce

SINCE THEIR SHOCK SPLIT

last September, Angelina Jolie and Brad Pitt's increasingly venomous divorce has had all the drama of a Hollywood blockbuster. So it was perhaps fitting when, last week it was revealed that *Brangelina: The Movie* is already in the works.

Produced by investigative journalist Ian Halperin (left, who previously wrote a best-selling book on the couple in 2009), *Broken: The Incredible Story Of Brangelina* will detail the breakdown of the couple's 12-year relationship. Pegged for release next year, news of the

explosive film has already sent shockwaves through the A-list thanks to claims it will reveal the pair secretly split a year before their official break-up.

But if that's true, what was the catalyst for their very public split?

Speaking for the first time about the documentary, Ian – who predicted seven years ago that *Brangelina* would be over by the close of 2016 – told *Grazia*, 'After they split privately, Angelina became terrified that Brad would go public with it. Even though he never would have, their arguments were toxic ▶

WORDS HANNAH FLINT







ANGELINA IS UNSURE OF WHO HER TRUE FRIENDS ARE. OR, INDEED, IF SHE HAS ANY LEFT

and he repeatedly threatened to do so.

'In the two months leading up to her decision to file for divorce, he had threatened to publicly dissolve the relationship six times. She was afraid and she wanted to beat him to the punch.

'Brad was devastated because he never thought she'd stoop to that level. But she didn't want to be seen as the one that got dumped, so she rushed to make it look like he was the bad guy and vilified him.'

Ian's findings will go some way to explaining why Brad was said to be blindsided when court documents revealing that Angelina had petitioned for divorce were leaked last year.

Friends and family have claimed to Ian that the couple hit rock bottom while filming *By The Sea*, in which they played a couple whose marriage was in crisis.

At the time of its release in 2015, Angelina claimed they'd undertaken the project as their 'honeymoon' and that the difficult filming had proved they could 'weather the storm and stick together'.

But Ian paints a very different picture. Apparently, 'The set of that movie became very toxic. They were uncontrollable, arguing incessantly. It was vicious. Once it was over, they realised they had expired. They were fundamentally incompatible, and people will be surprised to see how divided they were from the get-go.'

Understandably, Angelina is said to be nervous about the film's release. According to one source close to the actress,



Left: Brad has the support of Hollywood. Above: Angelina with Vivienne in Malibu last week. Bottom: her unveiling as the new face of Guerlain recently wasn't welcomed by all

'Angelina has been asking her team to get more information on the project and is particularly keen to know if anyone she still considers close to her has spoken to Ian. She's still unsure of who her true friends are or, indeed, if she has any left.

'She's wondering just how much damage has been done to her family. She's endured a huge backlash and it's led her to regret her decision to go public with all the divorce proceedings. She is terrified that this will taint her legacy as an actress and humanitarian forever.'

Ian's claims come after months of mud-slinging from both sides, amid allegations Brad has anger-management and alcohol and drug misuse issues. There was also the shocking revelation that he was being investigated by the FBI for child abuse after an altercation with their 15-year-old son Maddox on-board a private plane. The case has since been closed with no charges brought.

'Angelina has painted Brad as a villain because she wanted full custody,' Ian added. 'And the reason she wants that is because she hopes to move to the UK. She is infatuated with England and sees it as a place where her political career will thrive.

'Vilifying him was her only shot, because she knew full well that if he got joint custody she couldn't move,

according to California state law.

'Their friends are sick to their stomachs about how the kids have been treated in this. But it's an all-out war and the saddest thing about it is that there are six children who have been involved unwillingly.'

Now, after five months of jaw-dropping revelations, will there be any reprieve? Apparently not. According to Ian, 'We've never seen anything like this and it will be monumental. It's going to be years before this is settled. There are hundreds of millions of dollars between Brad and Angelina and then there is the child support for all six children. By my calculations, we could be looking at a \$350 million divorce.'

But what will take even longer to settle is the damage the seismic split has already done to both actors' reputations. Ian says, 'Brad will never get over the wild accusations from her side, but he is much more respected in Hollywood than she is. It will be much more difficult for Angelina to bounce back from this after the stunts she has pulled.

'The bottom line is that they both wanted out of this relationship for a long time. Angelina was never going to go away quietly, but the decision to take this public may well be the biggest mistake she has ever made.' ■

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next

10 HOT STORIES

...EVERYONE'S TALKING ABOUT THIS WEEK



1.



2.



3.



DANISH BLOGGER TRINE KJAER



4.



5.



6.

BALANCE
WITH
BLACK



MILAN FASHION WEEK

WELL HELLO

Grey days, be gone – BYO sunshine with a yellow wardrobe pick-me-up. And before you say it, yes, anyone can pull it off. Charlie Gowans-Eglinton reveals how...

LAST YEAR, I BOUGHT A PAIR OF

bright yellow Gucci heeled loafers. I'd gone in for a black pair, but *Grazia's* style editor Chloe talked me into trying on the yellow, and that was it. They're my friendliest shoes, winning me compliments wherever I go: my boss loves them, the man in my local garden centre loves them, even my usually standoffish fellow commuters love them. But each compliment comes with the same follow-up: 'I love your shoes! But I can't wear yellow – it doesn't suit

1. Coat, £500, A.W.A.K.E at brownsfashion.com.
2. Tee, £110, Etoile Isabel Marant at net-a-porter.com. 3. Shoes, £80, French Connection (frenchconnection.com).
4. Watch, £156, TID

Watches at Harvey Nichols (harveynichols.com).
5. Hoodie, £120, Conflict of Ego at Wolf & Badger (wolfandbadger.com).
6. Flares, £250, Dries Van Noten at brownsfashion.com

1



7.



8.



9.



10.



11.



12.



13.



TRY
TOP-TO-
TOE

LONDON FASHION WEEK



ELEONORA CARISI

YELLOW!

me.' Sorry, what? If the first pair of jeans you tried on looked awful, would you swear off jeans forever? Course you wouldn't. And so it is with yellow – you just need to find the right shade for you. There were more yellow hues on the S/S '17 catwalks than a Farrow & Ball paint chart; sherbet at Prada, canary at Chanel, saffron at Chloé. As a general rule of thumb, mustard looks great on black skin, olive tones can pull off acidic yellows, Asian tones suit brighter golds, and the super-fair (redheads, that's you too) should try lemon or buttermilk. Once you've found your yellow, working out what to wear it with is the next challenge: clash against leopard print, channel a bumblebee in yellow and black, or add some white to that yolk. Ready? Here comes the sun...

7. Jumper, £30, Miss Selfridge (missselfridge.com). 8. Bag, £130, Lacoste (lacoste.com). 9. Boots, £69.99, Zara (zara.com). 10. Dress, £1,495, Victoria Beckham at net-a-porter.com. 11. Trousers, £35, Marks & Spencer (marksandspencer.com). 12. Earrings, £280, Simone Rocha at Matches (matchesfashion.com). 13. Dress, £59, Pins & Needles (urbanoutfitters.com) ▶

10 HOT STORIES



15.



14.



16.

CLASH
AGAINST
ANIMAL
PRINT



17.



18.



PARIS FASHION WEEK



19.

MIX
WHITES
AND
YOLKS



20.



21.



22.



PARIS FASHION WEEK



23.

“
The S/S '17 catwalks
were full of YELLOW
– the KEY to wearing
it is finding the RIGHT
HUE for you

14. Trainers, £115, Nike at Selfridges (selfridges.com). 15. Blouse, £32, Warehouse (warehouse.co.uk). 16. Coat, £79, Per Una at Marks & Spencer (marksandspencer.com). 17. Trousers, £55, Topshop (topshop.com). 18. Dress, £60, Oasis (oasis-stores.com). 19. Knit, £36, Next (next.co.uk). 20. Parka, £34.99, New Look (newlook.com). 21. Heels, £65, Office (office.co.uk). 22. Trousers, £1,135, Rosie Assoulin at net-a-porter.com. 23. Tee, £125, Joseph (joseph-fashion.com)

Photos: Getty Images, Lickarish/Phil Taylor, Jason Lloyd-Evans, Daniel Bruno Grandi, The Urban Spotter

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WORTH OF POINTS*

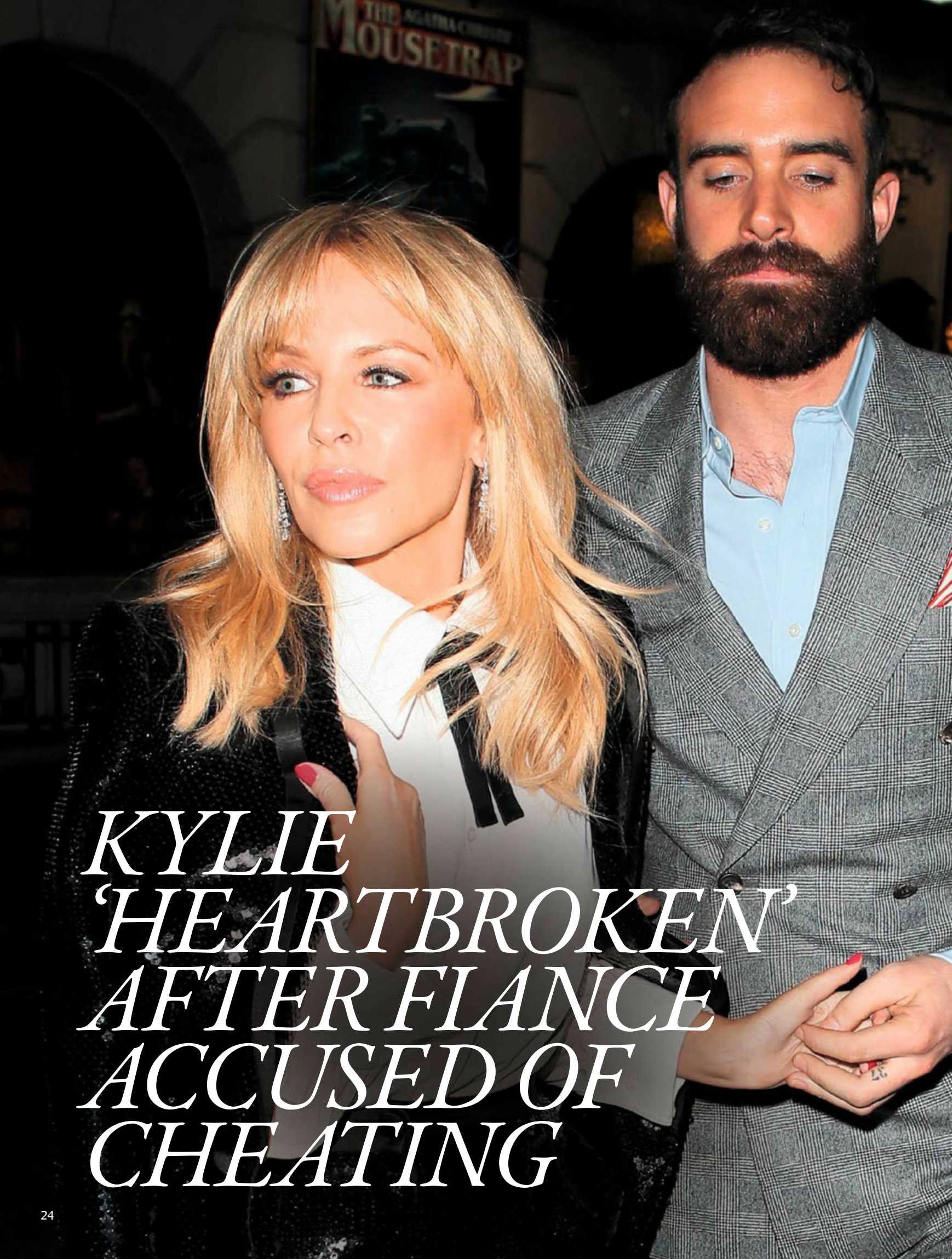
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*KYLIE
'HEARTBROKEN'
AFTER FLANCE
ACCUSED OF
CHEATING*



Main: the couple out in London last December. Left: Kylie pictured without her engagement ring

2

WORDS: LOUISE GANNON

JUST OVER A YEAR AGO, I sat with Kylie Minogue in the garden of Blakes Hotel in West London and she told me she had finally found The One.

He was the tall, dark, handsome, British former public schoolboy Joshua Sasse. He was 20 years younger than her but what the hell, this was Kylie Minogue.

She was so loved up, she broke all her usual rules (she rarely speaks publicly about her love life) and fizzed with excitement about this tall aristocratic actor who was going to change her life. 'I'm completely in love,' she confessed. 'This is different to anything I've ever felt before. He is the most incredibly special man.'

When they announced their engagement (not on Twitter but in the notice pages of a broadsheet newspaper) women – and men – everywhere delighted that their beloved Kylie was going to finally get the 'happy ever after' she deserved.

Just a few months ago we spoke about her plans to spend the rest of her life with Sasse, how she would take his name if they got married and how – after all the many relationships in her life – she wanted to build her world around him.

'When I look into Josh's eyes he is all I see and that makes me very happy,' she told me. 'There's a line in the movie *Notting Hill* which I always think of when Julia Roberts [who plays a famous movie star] is talking to Hugh Grant [who plays Will, a bookshop owner who has fallen in love with her] and she says: "I'm just a girl standing in front of a boy asking him to love her." For me it's just that simple.'

So when news broke last week that the romance was off amidst reports of him cheating on her with wealthy 34-year-old Spanish actor Marta Milans, it felt like a body blow to millions of us. I know Kylie will be feeling sorrow beyond words.

It is alleged that she threw the 29-year-old

– who she met when she did a guest appearance on his USTV show *Galavant* – out of her West London home last month after a series of rows over his relationship with Marta. He moved out just before she flew to France to take part in Paris Haute Couture Fashion Week. Last week, pictures emerged on a friend's Instagram account showing Kylie in a recording studio without her diamond engagement ring.

Joshua – who has a three-year-old son, Sebastian from a former relationship – reportedly became close to his co-star during the months in Vancouver filming his new TV series, *No Tomorrow*, in which he plays a free spirit called Xavier.

A source said, 'There had been rumours about him cheating a few months ago. It's horrible. All Kylie's friends feel hugely protective of her. She has had so many incredible relationships in her life but none of them worked out and this was the one she really did think would be forever.'

'She's been through so much and she very publicly put her trust and faith in him. He is the first man she agreed to marry, the first man she thought she'd spend the rest of her life with.'

I know Kylie will be heartbroken. I do also know she will deal with it with the grace and style that has made her so beloved. Her response last week was to post a picture of a sunrise on Instagram thanking fans for their 'support and love' and saying of her ex, 'We wish only the best for each other as we venture towards new horizons.'



Right: Marta Milans is thought to have grown close to Joshua

3

COULD PEOPLE POWER QUAKE THE PRESIDENCY?



Trump with one of his executive orders; millions took to the streets for the Women's Marches

Trump may be going hard and fast with his extreme policy making, but we need to keep pushing, because the protests are working, says Washington political correspondent Marin Cogan

THESE ARE VERY DARK TIMES FOR AMERICA. During the presidential campaign, many of Donald Trump's supporters dismissed his more outlandish statements as empty hyperbole. There was no way that he would ban Muslims, they argued. Certainly he wasn't serious about building a wall on the border with Mexico, they said. The more extreme his campaign rhetoric, the more cable news pundits dismissed it as just that: a blustery display of bravado from a reality TV star who knew how to drive up ratings but didn't really mean what he said.

Yet in the first 10 days of the Trump era,

the new President has issued a directive to build that wall on the border with Mexico; and banned (for 90 days) people from seven countries – Syria, Iraq, Iran, Libya, Yemen, Somalia and Sudan – including, at least initially, those who are permanent legal residents.

This overly broad and inhumane directive seemed designed to cause chaos: in the days after the ban was issued, confusion reigned at airports across the country as protesters gathered.

But there has been one unexpected upside in all this: Trump's actions have been so extreme, and his response to criticism so combative and dishonest, that he's prompted unprecedented protest from all sectors of society.

The Women's March on Washington, attended by over 500,000 people in the US capital and 4.3 million across the country, is believed to be the largest protest in American history. It clearly rattled the President, who spent days publicly fuming over Twitter and at press conferences over the size of his



TRUMP'S ACTIONS
HAVE PROMPTED
UNPRECEDENTED
PROTEST FROM
ALL SECTORS



Below (centre): Prime Minister Theresa May and Trump



inauguration crowds and asserting, without evidence, that three to five million people voted illegally in the election. His insecurity over the size of his swearing in crowd put the President in the bizarre position of trying to undermine the legitimacy of his own electoral victory.

The outpouring of protests over Trump's so-called Muslim ban has also caused the new President proverbial heartburn and, in the last several days, officials have scrambled to walk back key provisions denying status to legal residents. The haste with which the ban was put together means that it will probably be overturned in court. In effect, what Trump has succeeded in is unifying women, people of colour, religious groups, civil libertarians, and even career civil servants against him.

The new administration is also consistent with the election campaign in its disregard for the truth. When asked about the Muslim ban, Trump said that only 109 people were 'inconvenienced' by the order. In reality, as many as 721 people have been denied entry to the US, according to Customs officials.

Something else has come out of the protests, too: Democrats in Congress, who very recently were pledging to work with Trump, have been forced to side with the protesters against the new President. The deluge of demonstrations across the country have clearly shown Democrats that they need to lead a resistance or face the wrath of their voters. In the past few days, some have pledged to block Trump's cabinet appointees; others have shown up at protests. When politicians are rushing to get in front of a political movement, you know that political movement is working.

'THE FACT THIS IS HAPPENING IN AMERICA IS MIND-BOGGLING'

Attorney Julie Kornfeld, from the International Refugee Assistance Project (IRAP), was at JFK Airport in New York when the protests against Trump's executive order began.

'Two of our clients were in the air when the executive order was signed,' explains Kornfeld. 'They were flying from Iraq and due to land at JFK Airport on Friday evening, but when they didn't come through, my colleague and I went straight there to demand their release.'

Kornfeld's clients were two Iraqi men who had helped the US army during their military campaign – both were fleeing persecution and were legally entitled to enter the US. 'My client was released after 22 hours. He said it had been awful. He wasn't fed, he didn't know what was going on. He wasn't allowed to speak to his lawyer. The fact that this is happening in the US is mind-boggling – America has always been a country that welcomes refugees.'

So, what next? 'Some federal judges around the country have issued temporary "stays" on Trump's order – we're hoping these will be made permanent,' Kornfeld says. 'We're going to do everything we can to ensure this executive order is not enforced. Acting Attorney General Sally Yates was fired for refusing to enforce the travel ban, so we'll have to see what the next one does. But we have the law on our side so, ultimately, even though it might be a long battle, we will prevail.'

'MY LIFE IS ON HOLD BECAUSE OF TRUMP'

Denise Ajiri, 33, is from Iran but has lived happily in the United States with her boyfriend for six years. Now, because of Donald Trump's executive order, she's uncertain whether she'll ever be able to return from her holiday.

'I had just landed in Prague, excited for my holiday to begin, when news broke about the travel ban. My shock soon turned to fear. I'm from Iran but moved to LA in 2011 as a freelance writer.

'My parents, boyfriend and friends live in the US and now there's a chance I might not be able to go back. I've been glued to the news in tears since the announcement. If I'm deported to Iran, I'll be arrested immediately because I've written articles criticising the Iranian government.

'I follow the rules and pay my taxes, yet now I can't plan my future because I'm from a country the US government considers to be doomed. The uncertainty is terrifying; I may have to uproot and move to a different country now, who knows where. I'm in limbo and have no idea what's coming next.'

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4



EXCLUSIVE

KATE'S GIRL LANDS FIRST CAMPAIGN

IN MARCH LAST YEAR, *Grazia* exclusively revealed that Kate Moss was planning to open her own modelling agency. Six months later, the news became official when the model launched Kate Moss Agency, telling reporters, 'I want to create stars.'

Now, it seems she has produced her first. According to insiders, Elfie Reigate – the first female model to be added to her books – is to become the next face of Burberry, and will star in a campaign to be released by the label this week. The 16-year-old is the daughter of Kate's good friend, former model Rosemary Ferguson, and artist Barry Reigate. She was also one of 15 bridesmaids at Kate's 2011 wedding.

Last October, Elfie walked exclusively for Alexander McQueen at Paris Fashion Week, just days after it was revealed Kate had taken her on.

'Kate's other bridesmaid Iris Law was recently unveiled as the face of Burberry's lipstick line, but Elfie has gone one better and will be the face of the label,' said a source. 'Burberry are well-known for promoting young talent, and it's a coup for Kate's agency that they've chosen to work with Elfie.'

'It's another sign that things are going really well for Kate's latest venture, which is also working with male models including Louis Baines, who she's been introducing to the fashion world in recent months.'

Last week, Kate's agency released a photo of Elfie shot by David Bailey, while it also announced French model Luka Isaac as its latest addition.

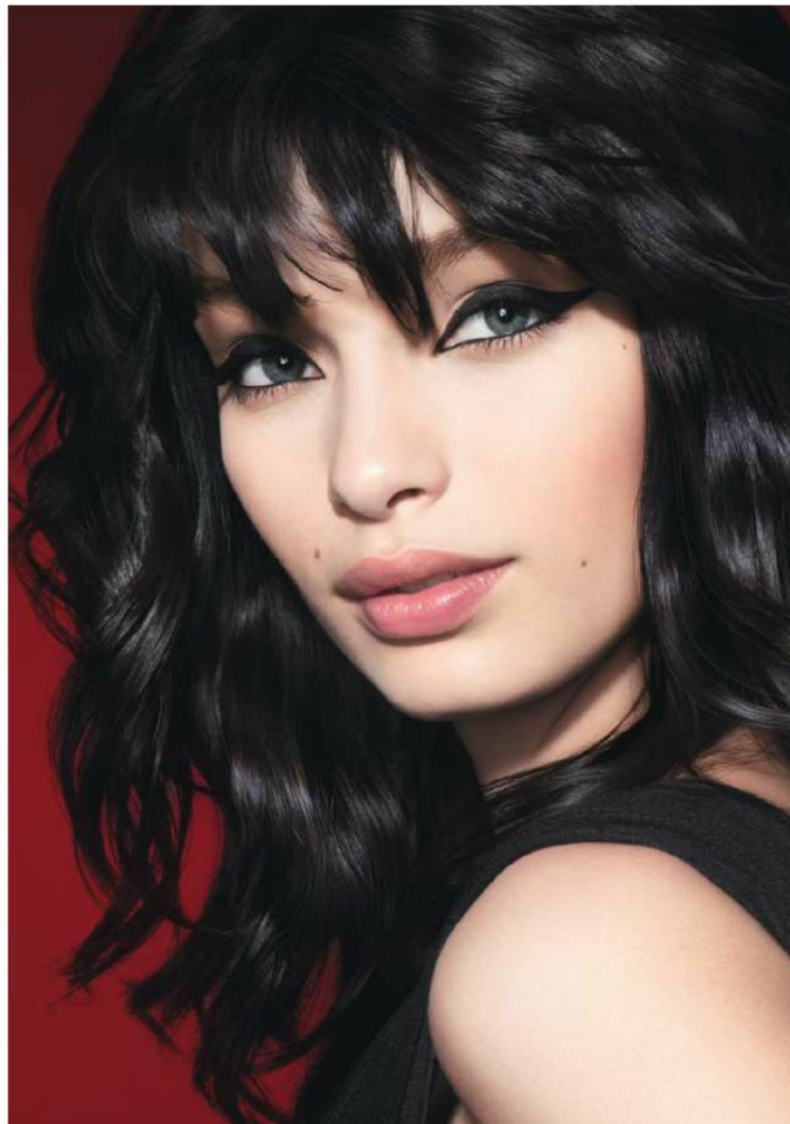
As for Kate? A new project already seems to be in the pipeline. Last month, the unsinkable super registered yet another company, Lamoss, in documents obtained by *Grazia*. Could this mean Ms Moss is finally launching her own clothing line/indie boyfriend dating service/leopard-print coat factory? To be honest, she could launch a range of horticultural accessories and we'd still be interested. Moss by Kate Moss, anyone?

From left to right:
Elfie (centre) at
Kate's wedding;
on the catwalk
for Alexander
McQueen;
Kate with
Rosemary
Ferguson



“
*It's a COUP for
Kate's agency, that
BURBERRY
have chosen to
work with ELFIE*





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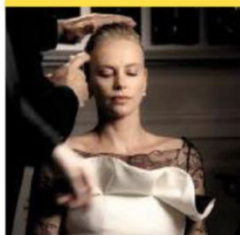
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*Sulfate surfactants

Preparations for
Maria Grazia Chiuri's
(below) first show.
Right: Dior fragrance
campaign star
Charlize Theron



5



Dior: ACCESS ALL AREAS



IT WAS ONE OF THE MOST talked-about appointments in fashion history – the first female creative director at Dior – and arguably one of the hardest-fought jobs in the industry. And now the saga of Maria Grazia Chiuri's first show for the house at Paris Fashion Week has been captured in a two-part documentary, *Inside Dior*.

'I feel well with my conscience,' says Maria Grazia after her first Dior runway

show. 'A company like Dior gives a lot of jobs to many people, and so the people like me, that are in this position, have a huge responsibility – especially in this time.'

Maria Grazia's first Dior show was only 10 weeks in the making, since she had only recently left Valentino, where she was co-creative director. But what an exciting 10 weeks. And the cameras were there to capture the fittings, the rehearsals, the gruelling schedule. 'The thing that I miss is sleep,' the designer admits to her daughter Rachele. 'Yes, but next week you can sleep,' replies the 20-year-old who Maria Grazia calls her muse.

The pressure is clearly immense: from



Above: Anna Wintour previews the collection. Above right: models backstage at the S/S '17 show. Left: Dior beauty ambassador Bella Hadid

choosing the perfect location – a purpose-built runway on the grounds of the Musée Rodin in Paris, which costs upwards of €20,000 (around £17,000) to rent for the day, to winning the praise of the 1,000 invited guests – the world's fashion press, loyal customers, oh, and Rihanna, natch.

As final preparations begin, Anna Wintour arrives for a preview, the camera crew watching from above, tantalisingly close, but just out of earshot. So, did she like it? We see the editor of US *Vogue* smile – and then, laugh. On show day, supermodel Julia Nobis arrives with just two hours to spare, a newly booked replacement for a sick model. But from the moment model Ruth Bell opens the show, there is only calm – and then the praise comes. The embroidered tarot dresses, the tongue-in-cheek 'J'adior' slogans, the heart motifs: these are clothes we can't wait to buy. Maria Grazia was clearly a good choice, then, to entrust with Dior's future. Her 'We Should All Be Feminists' tees have come at a time when the world is marching for women. After the show, Bianca Jagger is unequivocal: 'To have a woman at Dior means so much to all of us. I love the feminist slogans, and I am all for her revolution.' But what would Christian Dior make of it all? Over to Maria Grazia: 'As Mr Dior used to say, fashion is evolution and revolution.'

The two-part series Inside Dior begins 9pm, Thursday 9 February, on More 4



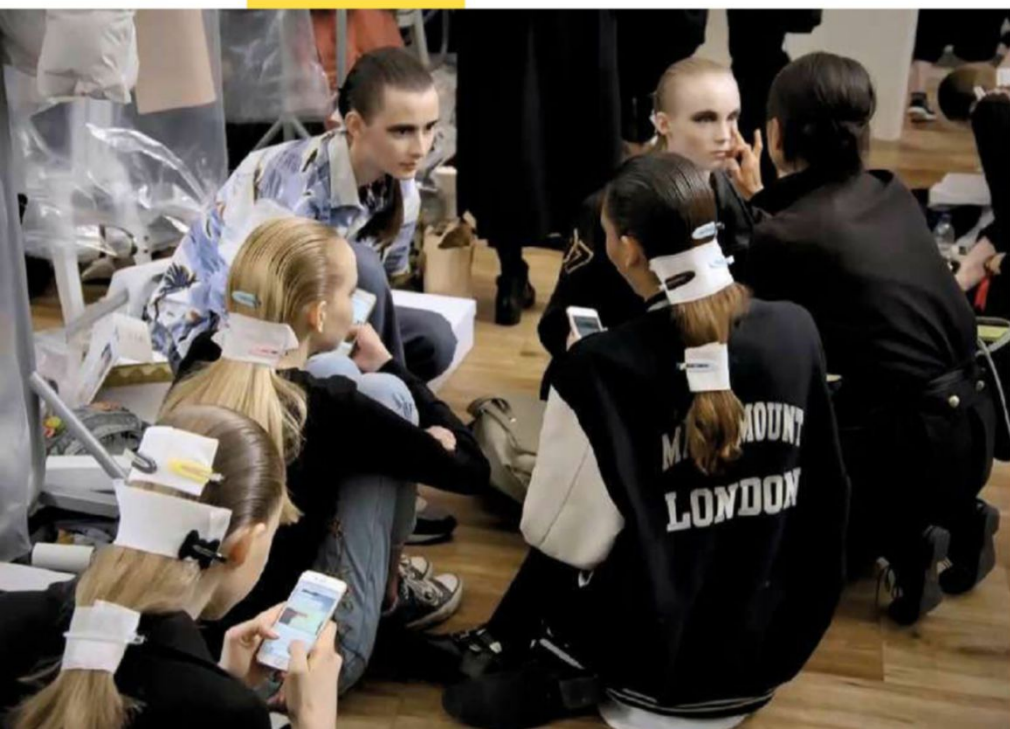
THE GREAT FASHION SHAKE-UP: PART TWO

Dior's new direction is set, but they're not the only ones having a shake-up: the fashion world is once again playing musical chairs in 2017. But you won't catch this lot down the job centre...

Riccardo Tisci's shock departure from Givenchy was probably the biggest fashion news of last week. His 12-year reign has seen him win legions of fans including the Kardashians, but the move comes amid rumours he may be heading to Versace, which may explain Donatella's starring role in a Givenchy campaign in 2015.

Next up, Chloé's A/W '17 collection, being shown at Paris Fashion Week in March, will be the last under creative director Clare Waight Keller. Last week, it was reported that she will leave after six years, having breathed new life into the Parisian house with her unapologetically feminine designs and that £1k tracksuit...

Elsewhere in Paris, Carven has a new man in the top job – Serge Ruffieux, who co-designed at Dior before Maria Grazia was appointed. His design partner at Dior, Lucie Meier, has yet to announce her next role, though she's apparently been spotted with her husband Luke, a menswear designer, at the offices of Jil Sander in Milan: could another pairing be on the cards?



Kendall has been linked to A\$AP Rocky (below); her ex Harry Styles and his date last week

6

KENDALL 'CAN'T LET GO' OF HARRY

THEY'RE THE MOST on again/off again couple this side of Richard Burton and Elizabeth Taylor. So when Kendall Jenner and Harry Styles arrived at the same Kings of Leon concert in LA last week, speculation inevitably erupted that another reunion could be on the cards.

Not so. According to eyewitnesses, the pair acted more like 'strangers'. To add insult to injury, Harry brought a date who bore a suspicious resemblance to his ex. 'Harry seems to have moved on,' said one insider. 'But Kendall can't seem to let go.'

According to sources, however, friends are urging her to do just that. It comes a year after they were spotted kissing in St Barts, followed by further reunions in April and September. The 21-year-old super has also been linked to baseball player Jordan Clarkson and rapper A\$AP Rocky, whose real name is Rakim Mayers.

'Kendall will always hold a torch for Harry,' added the source. 'But the idea that they could be a couple again is holding her back from truly moving on.'

'Rakim has been really trying to sweep her off her feet, but she is still so confused when it comes to her love life. There's a danger that he'll lose interest.'

Words: Hannah Flint. Photos: Getty Images, Xposurephotos.com



IN OTHER ONE DIRECTION NEWS...

The rumours have circulated for months, there's an undeniable baby bump and her mum was even spotted shopping in Mothercare. Liam Payne and Cheryl are still yet to confirm speculation that they are expecting their first child together this year.

Now, it seems Liam's former One Direction bandmate Niall Horan has done it for them. Speaking to *Grazia* last week, the 23-year-old revealed, 'I can't wait to meet the little one, I'm so excited.'

I wish them both the best of luck.'

It comes after reports that Liam and Cheryl, who became a couple in February last year after her split from the French businessman Jean-Bernard Fernandez-Versini, are planning to raise the baby at Liam's Surrey home. As for a due date? 'None of your business!' quipped Niall.



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7

*TIME TO
BURST YOUR
NEWS
BUBBLE!*

I'll readily admit that I live in the Liberal Metropolitan Elite Bubble. It's cosy in here. Everyone thinks just like me. Micro-targeted social media algorithms serve us up a steady stream of stories that reinforce our beliefs, but how hard is it to break out of the digital echo chamber? In the week that Facebook announced it has updated its algorithms to downgrade fake news, I spent two days seeing how the other half scrolls...

DAY ONE

9am My Facebook feed is all photos of last night's Anti-Trump march and jokes about him being a 'Wotsit Hitler' (LOL). But not for long. First I un-mute and re-add the 'friends' I blocked around the time of the EU Referendum for posting what – to my mind – were unsavoury views. Looking at their feeds again now, not much has changed. A guy I knew in primary school is asking what the point of the Women's March is "bangs head on desk". But it's heartening to see how many people have argued with him in the comment thread.

11am I've been 'Liking' some right-wing pages on Facebook (shudder) and I come across a group called 'Shrewsbury against the Islamification of Britain'. Catchy, right? Some of the comments about Sadiq Khan are shockingly racist. Feel so depressed I want to go back to bed. Or to my bubble. **1pm** Despite being a devoted Guardianista, I buy a copy of *The Express*. Articles like *More Brexit Joy... a new £115m diabetes centre* make me laugh out loud because it seems such transparent propaganda.

3pm Set up a new list on Twitter of right-wing celebrities, politicians and activists. The word 'fake' and the concept of 'leftist double think' and 'liberal media bias' comes up repeatedly. Clearly fake news stories and conspiracy theories are something both sides are worried about. Lots of tweets mention the hypocrisy of how we've all 'conveniently forgotten Obama's 2011 refugee ban'. I do a bit of googling and find a website called Snopes.com which debunks internet myths to find out a bit more. Obama did issue Special Immigrant Visas to Iraqis in 2011, but it only slowed two individuals and no visa applications were stopped. I didn't know about this before.

7pm Tune in to Nigel Farage's radio show on LBC. He raises some interesting points – like how 11 countries ban Israelis from entering – but hearing British people call in to gush about how 'amazing' Trump is makes my brain feel like it's exploding. Need wine.



DAY TWO

8am On Facebook I see that one of my previously muted mates has posted an article calling out all the untrue stories that have gone viral on left-wing media, such as an interview with Trump calling Republicans 'dumb', and those pictures of his 'deserted' inauguration next to Obama's packed one. Realise that I had read and swallowed wholesale both these stories when they showed up on my Facebook feed. Feel a bit sheepish.

1pm The most striking thing about my new Twitter list of far-right and neo-Nazi sites is how powerful language is. What the left-wing media calls a 'Muslim Ban', Breitbart News calls a 'Temporary Terror Travel Halt'. It made me wonder, are either of those terms accurate?

7pm At the pub it's not long before talk turns to Trump. Normally it seems like we're just regurgitating the same articles we've all read, but tonight I've got some different points to raise and the conversation is more rewarding as a result.

Did I burst the bubble for good?

My broader media diet has definitely sharpened my arguments, and made me do a lot more research to see if my views were real facts or FAKE NEWS! But it's left me feeling totally drained. Clicking back to my old feeds, I realise just how much hate and vitriol there is from the left, too. I will now stop accepting content at face value and dig deeper to check the facts (and the 'alternative facts' for that matter). I've certainly given my algorithms a bit of an identity crisis, and in these 'post-truth' times, I reckon that's something we could all use a little more of.

BY KATE WILLS





1.



2.



4.

Go 'lagom'

ON YOUR SHOPPING LIST!



3.

ANOTHER YEAR, ANOTHER

Scandinavian mantra to live by. But while 2016's hygge had us Instagramming our slippers and knitting our own polos (OK, we bought them in Ganni, but at least it's Danish), 2017 is serving up the latest Scandi-ism: lagom. Don't know what we're lagom-ing on about? The Swedish translation is 'just the right amount'. In other words, all things in moderation. But what, exactly, is the right amount when it comes to fashion? The golden figure oft quoted by retailers is £300. Luxuriously expensive enough to feel like a treat, but far from remortgaging material – it's the so-called shopper's sweet spot. According

to Natalie Kingham, buying director at matchesfashion.com, designer collections 'often start at around the £300 mark – like the Gucci logo tee at £320 or Balenciaga's Bazar wallet at £295 – to enable customers to invest at entry level'. Taking it even further are the best new lagom labels, which market themselves around this magic mark. Our picks? Apiece Apart's khaki jumpsuit is bang on the money, London label Neous's statement shoes will amp up jeans, or give jeweller Sara Robertsson's sculptural earrings a try – as a Swede, perhaps she had lagom in mind all along. Not too much, and not too little – as Goldilocks would say, these are just right.



5.



6.



7.



8.



9.

1. Dress, £281, Rhode Resort (matchesfashion.com). 2. Slip-ons, £275, Le Monde Beryl (matchesfashion.com). 3. Bag, about £277, Kara (karastore.com). 4. Top, £295, and trousers, £225, both JH Zane (j-h-zane.myshopify.com). 5. Wide-leg jumpsuit, £300, Apiece Apart (matchesfashion.com). 6, 7 & 8. Pleat earrings, £246.40, Cut hoop earrings, £343.20, and Flounce earrings, £246.40, all Sara Robertsson (sararobertsson.com). 9. Jacket, £335, Ksenia Schneider (selfridges.com). 10. Skirt, about £312, Veronica Beard (veronica beard.com). 11. Courts, £310, Neous (from a selection at browns fashion.com). 12. Top, £308, Albus Lumen (matchesfashion.com)

Words: Charlie Gowans-Eglinton



10.

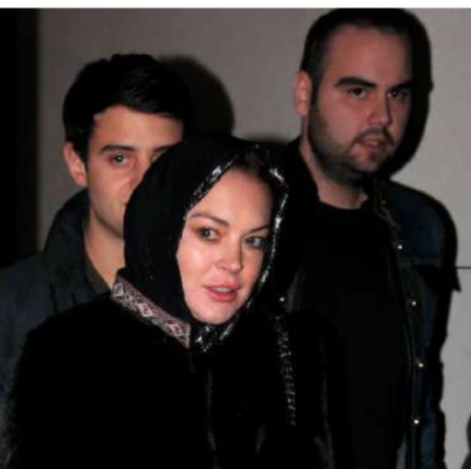


11.



12.

LINDSAY'S ON A MISSION!



Above: Lindsay arriving in Turkey last month. Top: with President Erdogan and his wife Emine. Right: Lindsay delivered gifts to Syrian refugees in Istanbul last October

IN A WORLD LITTERED with unlikely Lindsay Lohan headlines (recent highlights include 'Lindsay Lohan gets part of her finger ripped off while trying to anchor a boat' and 'Lindsay Lohan responds after *EastEnders*' Heather Trott replaces her to switch on Kettering's Christmas lights'), 'Lindsay Lohan meets Turkish President Erdogan to discuss refugee crisis' is, well, up there.

Does this latest turn of events mean we're about to witness the official advent of LiLo: humanitarian? According to sources, yes (but she also wants to open a nightclub, more on which later). Speaking to *Grazia*, one source on the ground revealed, 'Lindsay fell in love with Turkey when she was there last year to film a \$2 million watch commercial. During her visit, she met Syrian refugees in Gaziantep, and has become devoted to the cause. She likes the idea of reinventing herself as an Angelina-type figure.'

However, locals are said to be critical of Lindsay's cosy relationship with the controversial government and authoritarian leader Recep Tayyip Erdogan. During the actor's recent visit, cars were seen ferrying her around the city, prompting speculation that he is using Lindsay's profile to draw attention to the country's refugee crisis.

Meanwhile, the actor was also spotted having dinner with influential restaurateur Faruk Sabanci, inspiring more rumours that

she is planning to open a nightclub in the Turkish capital. Last summer, she opened a club in Greece, telling reporters, 'There are bigger things to be done with the LOHAN club. There are spas, there are refugee camps...'

The source added, 'It's a mutually beneficial arrangement. Turkey needs global support for its refugee crisis and Lindsay is happy to call attention to this problem and drum up donations. In return, there are leaders here who can green light her plans for a nightclub, and even pull strings to get her accommodation. Lindsay has been quite nomadic in recent years and her incomings aren't enough to sustain her lifestyle. She wants a permanent place to live in the style to which she's become accustomed, and her special relationships in Turkey could well end up providing the answer.'





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Goodbye to the GIRLS

As the sixth and final season starts on 13 February, Jane Mulkerrins meets the cast to see what they've learned from their ground-breaking stint



I FIRST MET THE PERKY,

witty, fast-talking Lena Dunham in early 2012. She struck me as the wisest 25-year-old I'd ever come across. And when *Girls*, the HBO

comedy she'd created, directed and starred in, arrived on screens, critics and audiences responded similarly to her gritty, sexually open portrait of post-recession millennial living.

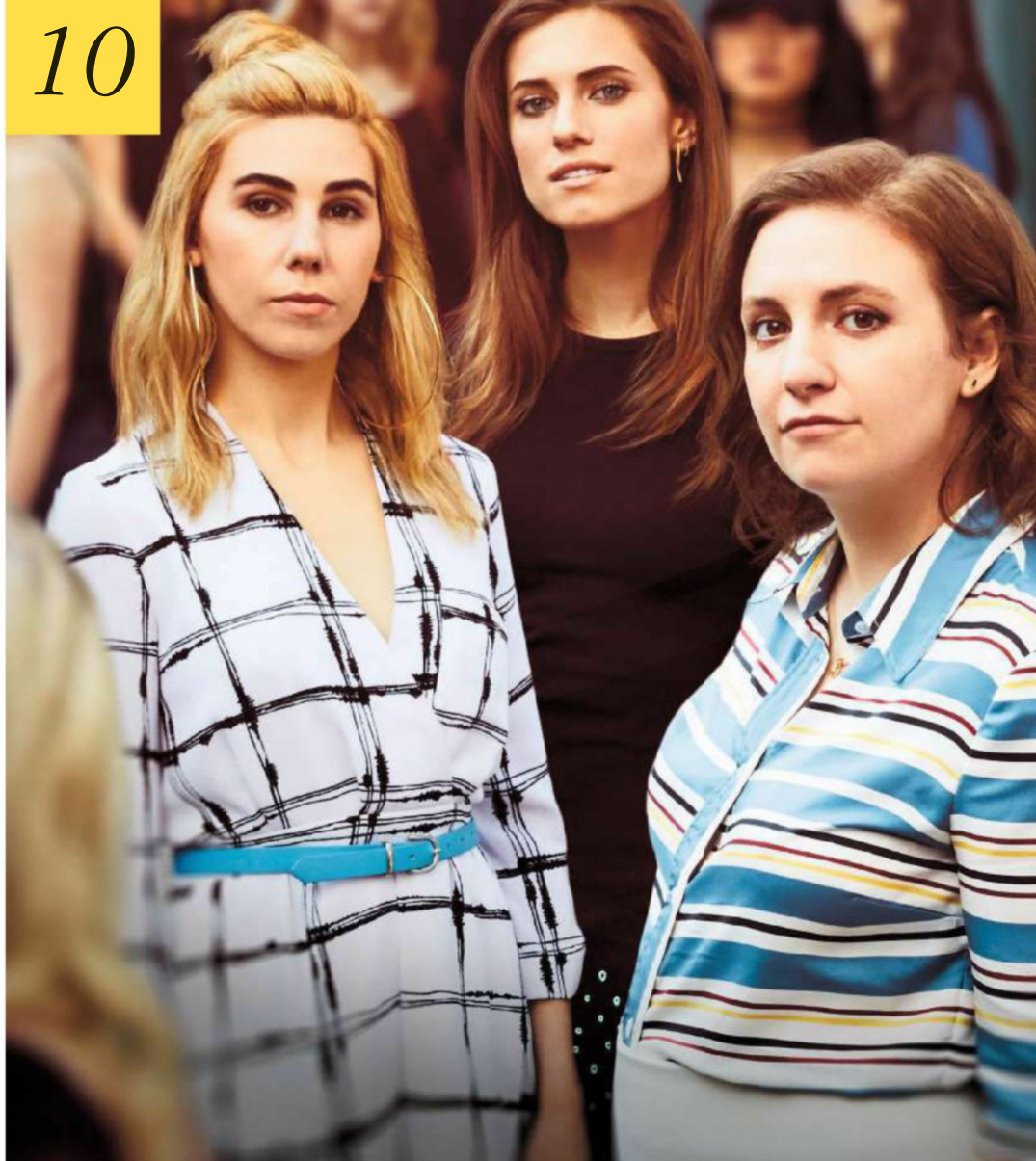
In the five years since, in spite of becoming a global star and an outspoken feminist figurehead, writing a best-selling memoir and being named one of *Time* magazine's 100 most influential people in the world, Lena Dunham has changed surprisingly little. As a 30-year-old, she's as warm, sparky, and unguarded as she ever was.

'I think I may have destroyed my body and pushed myself into middle age making the show. I used to be able to pull all-nighters,' she says, wistfully. 'Filming season one, I went out on a date, drank an entire bottle of wine, barely went to bed, threw up on the way to work and got an entire day of filming done, drinking Gatorade and moaning. That would put me under the table for six days now.' Nowadays, by contrast, life with her boyfriend of five years – the musician Jack Antonoff – is incredibly settled. 'We are as close as you can get to two 100-year-old people,' she quips.

While their on-screen characters have continued to thrash around with unsuitable dates and careers, all the *Girls* have become Women. Allison Williams (Marnie) and Zosia Mamet (Shoshanna), both 28, were each married recently, while Jemima Kirke (Jessa), 31, now has two children and, last month, divorced her husband of seven years. 'We've all lived older than we really are, while Jessa, Hannah, Marnie and Shosh got to have their twenties,' said Allison. 'We learned from their mistakes... or, at least, we got to act them out.'

Girls season six starts 13 February on Sky Atlantic, 10pm

10





Lena Dunham on Hannah Horvath

What she's taught me: She really stands up for herself. She gets the last word, she asks for what she needs – she doesn't always do it gracefully, but she's not pussyfooting. That honesty is something I want to try to hold on to.

What I'm going to miss: Her speech patterns, the wide-eyed way she looks at the world, the way her sweaters and swimsuits don't fit. Hannah is a bit like playing my id, and it's been really fun.

What I'll be happy to leave behind: It has been challenging, at times, that the show couldn't be assessed on its own merits because of the noisy critical dialogue around it. I'll be happy to work on a project that has less baggage around it.

Zosia Mamet on Shoshanna Shapiro

What she's taught me: She really doesn't apologise for her choices, even if she's concerned about how other people are going to take it. She's full-force. I am trying to adopt that.

What I'm going to miss: Her relationship with Ray – I love the weird journey they have been on. I think that they're soulmates, but not necessarily in a romantic sense.

What I'll be happy to leave behind: Her incredible speech rate. And the pigeonholing that it has put me in. Adam Driver plays such a specific character [Adam] in our show, and has gotten to play such a variety of roles outside of it, while the women have had to work so hard to convince the industry we can play other characters.



Jemima Kirke on Jessa Johansson

What she's taught me: The less you have written in stone about who you are, the happier you can be. In our teenage years, and often into our twenties, we throw all these things in to make a person. Leaving all that behind, you can do anything.

What I'm going to miss: Her absolute boldness. She always has a refreshing angle that she brings to the table, even if she might be missing a few key points. I think Jessa is probably a Trump supporter – she'll have made some parallels with Charlie Chaplin's film, *The Great Dictator*.

What I'll be happy to leave behind: Always trying to be the cool one. I was like that as a kid, so playing Jessa, I regressed.

Allison Williams on Marnie Michaels

What she's taught me: She's so brave. She's never met a microphone she didn't want to talk into, she's never met anyone who she didn't think was interested in what was going on in her mind. But after performing an awkward version of a Kanye West song, she had sex with Charlie: she was doing something right.

What I'm going to miss: Being part of a show that made a radical move towards honesty, rather than aspirationalism. I think and hope it has left people feeling less alone.

What I'll be happy to leave behind: Marnie's apartment – that is SO small. It looks small on screen, but when you have 20 adults in there, with equipment, they are *all* having sex with you...



THE BRIEF SHEET

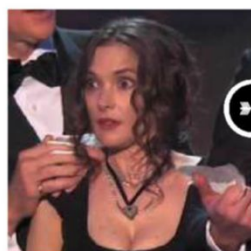
The other burning issues* of the week



MOONWALK TO CATWALK

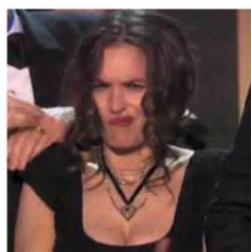
It was one small step for a man who has never set foot in the fashion world. But considering legendary astronaut Buzz Aldrin actually walked on the moon, Nick Graham's New York catwalk show – niftily named 'Life on Mars' – must have been easier terrain.

*AT GRAZIA TOWERS



WINONA'S STRANGER FACE

And the SAG for Queen of the SAG Awards goes to... Winona Ryder's face! Memes of the *Stranger Things* actor collecting her gong with the cast went viral – she was pulling some stranger faces at David Harbour's acceptance speech.



MPs BACK BREXIT (WITH A BABY ON-BOARD)

A Tory MP interrupted her maternity leave by bringing her baby to the House of Commons for the European Union Bill vote. Chloe Smith travelled from her Norwich North constituency to vote, as MPs approved the first stage of legislation to begin the Brexit process, by 498 to 114.

DOVE'S ALTERNATIVE FACTS

Beauty brand Dove has taken a leaf out of Donald Trump's books with a list of 'alternative facts' about its latest deodorant.

In an ad last week, it claimed new Dove antiperspirant is 'a really good listener', 'boosts your Wi-Fi signal' and 'increases your IQ'. Post-truth but not post-antiperspirant.



AUSTRIA BANS THE VEIL

Austria has agreed to ban full-face veils in public spaces and is considering a more general veto on state employees wearing the headscarf and other religious symbols. The measures are seen as an attempt to counter the rise of the far-right Freedom Party.

STAT



1 in 10

The number of Brits who have already pulled a sickie from work this year*.

HARRODS – CLARIFICATION

In our last issue we reported that according to MPs investigating sexism in the workplace, Harrods had once required a candidate to straighten her hair. We should have made clear that the incident was mentioned in the evidence to the Select Committee, was a historic one and referred to a recruitment agency. It does not reflect Harrods' policy.

*According to online travel agency sunshine.co.uk. Words: Anna Silverman. Photos: TBS/Xposurephotos.com, Getty Images, PA, Rex Features



POLLY VERNON

DON'T GET HER STARTED... ON VALENTINE'S DAY



There's no hiding
from the pink
schmaltz-athon that
is Valentine's Day

I greet Valentine's Day 2017 as I have greeted every Valentine's Day since I realised I was too old to be writing fan fiction describing love affairs I wasn't having with pop stars I didn't know^[1], and started going out with real people instead: by being utterly bemused it is still happening. Like: really? This ol' thing? This outdated, commercialised, reductive obligation to express love during a 24-hour period? Didn't we stop this in the '70s, on the grounds it was hopelessly passé even then (a time when people thought avocado was the colour of bathroom suites, but had no idea it was also food^[2])?

Apparently not. Shop windows are filled with soft-focus kitsch shizzle, restaurants are whacking up their prices and serving what Rose from Beauty calls 'f'cking' set menus only, single people are feeling excluded and rejected, while non-single people are feeling absolutely nothing. I just got a press release flogging a limited-edition heart-shaped truffle-imbued cheese that dates back 1,000 years (the tradition, not this particular cheese)... So, yeah. Valentine's is on.

Weird, huh? We all know by now that Valentine's Day is to love what New Year's

Eve is to fun: a farce wrapped in acute social pressure, destined to disappoint. If you embrace it, you'll wonder why it doesn't feel as super-sexy, loving and cute as it looks in the romcoms. If you deny it, you'll come off a lil' chippy. Either way: someone will end up crying.

Worse yet, Valentine's Day does nothing for the reputation of the colour pink. Pink is a fraught territory already, a battle ground for gender politics. I'm a feminist from the pro-pink lobby – last year, when an FA initiative to encourage young girls to play football via the use of pink bibs, whistles and water bottles was roundly damned as sexist, I could only think: that vibe would totally work on me now, never mind when I was seven! – but Valentine's Day reinforces pink's worst associations, presenting it as the colour of disempowered femininity/ commercially enabled faux passion.

How, then, to approach it? I dunno. Exchange a mildly offensive card with Your One and plot an affair if you're not single; damn the world to hell and back, breathe deep, and wait for it to pass if you are, maybe? That's all I've got, I'm afraid.

^[1] I was 14, OK? Ignore anyone who says different. ^[2] True story.



THIS TOPSHOP JACKET

Croppy '80s joy.
Also comes in red.

BA&SH SPRING/ SUMMER COLLECTION

I want to be this kind
of French girl now.

RUSSELL & BROMLEY'S ST JACQUES

In pink. With a grey sock.



UPS AND DOWNS

THE BOYFRIEND JEAN

Rag & Bone has an
ex-boyfriend jean cut.
Much more 'now'.

'XXXXX IS MY SPIRIT ANIMAL'

Social media cliché
I've decided I hate.

DOGS

It transpires (through
research!) that they
like reggae. I am
disappointed in them
(because I don't).



GRAZIA
AGENDA



WORDS LOUISA PRITCHARD
PHOTOGRAPHS AMIT LENNON



Coalition careers: **MEET THE NEW POWER COUPLES**

Could you be more successful at work – and life – if you shared your job? *Grazia* reports on the power players rewriting the rule book

Anushka (far left) and Heather share the 24/7 demands of political news – and always have each other's back

ON THE DAYS WHEN she's in charge of *The Guardian's* political team, Anushka Asthana feels like she doesn't stop. It can be hectic from before 9am until 10pm (or later if a big story breaks): from meeting politicians at Westminster to pitching stories in the news conference then writing them up for the next day's paper. 'To carry on at that pace all week, I'd be on my knees,' says Anushka, 36. Because of this, she's opted to share her job with fellow political editor Heather Stewart, 40. 'By the time I get to the end of my days in charge, I'm pretty knackered. It's too much for one person – news is 24/7.'

The pair are part of an increasing number of women (and men) opting to power-share. Indeed, how many of us *really* have a job that can be done in five days? If you think you've got enough on to easily fill an eight-day week – or more – you're probably right. Sharing the load with someone else is the obvious solution.

Research by Timewise – a recruitment company specialising in part-time and flexible job opportunities, which has featured Anushka and Heather on its new Power Part Time List – found that 46% of bosses would consider hiring candidates for a senior role as part of a job-share. Before this, although a third of us felt we were expected to do an unsustainable amount of work*, job shares were regarded as the preserve of the public sector and women wanting to balance childcare and work.

Karen Mattison MBE, joint CEO of Timewise, says companies are getting creative about how they design jobs. 'If your job is 24/7

– which so many are – then it's not five days a week. People don't want to burn out and employers are starting to think, "What do we need to do to get this job done?" then working backwards from there.'

It's not just the pressure of extended hours that's driving the trend. Many of us increasingly want the chance to do something alongside our main career. 'Parents are not the only ones who are job-sharing,' says Karen. 'I've heard from businesses that are hiring graduates and, to give themselves a competitive edge, are offering that flexibility. There is a real drive towards people wanting to have a portfolio of different work interests. For some, it's a really clever way for them to start their own business while keeping a foot in the world of work.'

Working fewer hours does, of course, mean earning less money. But given the stress epidemic from overworking – the Health and Safety Executive found that, from the age of 25, women feel much more stress than men, and this continues throughout their working lives – it's a sacrifice we're increasingly willing to make.

For Anushka and Heather, power-sharing has transformed their work and given them more of a balance between politics and raising their young children. Heather says, 'For a job-share to work you have to have total loyalty, sisterly solidarity and back each other up. Even if you might have handled something differently, you are a unit.'

Turn the page for Anushka and Heather's story and other successful power-sharers. ▶

*Survey by management consultants Hays Group



Anushka Asthana, 36 (far left), and Heather Stewart, 40, are joint political editors at *The Guardian*. They each work four days a week.

On the day Boris Johnson pulled out of the race to be Tory Party leader, Anushka was still able to make her son's sports day. In the past, she would have had to race

immediately to the office to cover the story, but not now she shares her job with Heather.

The pair have to work closely to make their power-share successful. Their rota means they each work four days a week – Heather has alternate Monday and Fridays off and Anushka alternate Thursdays and Fridays.

Heather says, 'There's more than enough work for us to do an eight-day week between us. I often receive my first text from Anushka at 7am – or vice versa – and we are still going back and forth at 11pm. On days when you're working you keep each other in touch with things. I wouldn't have wanted to take on the hours or stress of the job on my own. To shoulder that together is great.'

It's also a way of feeling supported in a world that's still male-dominated. Heather says, 'If you are going to be a pioneer – there are very few women in the Lobby [Westminster's press gallery] – it's nice to do it with another woman by your side.'



Alix Ainsley, 41 (right), and Charlotte Cherry, 36, share the role of group operations HR director at Lloyds Banking Group. They both work a three-day week.

When Charlotte and Alix applied for their current executive position, they did so as a package. Both mothers, they had job-shared at another company when they decided to search for a new role – together.

Alix says, 'We were at a point in our careers where we'd outgrown the role we were in and we'd started talking about what we were going to do about that. We drew up a list of 30 possible companies and positions and split it between us to make approaches. One of them was with Lloyds.'

'What helped was how they felt about us. They called us the "entity" – we came as a package. Both of us would join or neither of us would.'

They won the role of HR director last year, making them the most senior job-sharers the company has ever hired. They each work three days a week including Wednesdays, when they're both in the office. Their success means they're blazing a trail for working mothers in the notoriously male-dominated City.

Communication is key to making it work, along with not being competitive with each other. Charlotte says, 'You have to be more interested in the success of the work together than you yourself as an individual. It's not about what I have done, it's about what we've achieved together.' ■

Caroline Lucas and Jonathan Bartley are co-leaders of The Green Party. They have a flexible job-share, taking time off as and when they need it.

When Caroline Lucas and Jonathan Bartley announced they were going to share leadership of The Green Party, they were met with scepticism over how it would work. Five months later they are proving it's a ground-breaking – and successful – way of doing a job that is, usually, completely consuming.

Caroline says, 'We are not doing three days on and three days off, for example. Instead, it's about being able to make space in the day for what else needs to be done. I wouldn't say I have a work-life balance yet, but it's certainly better than it would be otherwise.'

Jonathan has a disabled son and wanted the flexibility to spend more time with him and his family, while Caroline craved more time with her constituents in Brighton. She says, 'It works on so many levels. If people thought about what would make a difference to their quality of life, for many it would be to have more time.'

Jonathan finds another benefit is being able to discuss the job with someone who totally understands its pressures. He says, 'I might be coming back from Lancashire and Caroline is heading to Brighton and we'll be texting each other at 11.30pm saying, "How's it going, I'm exhausted – are you?"'. It's a real encouragement and comfort when someone else is experiencing what you are.'



— **BAFTA NOMINEE** —
LEADING ACTRESS - EMILY BLUNT



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YOU

THE FASHION JURY

OUR PANEL



CHARLIE GOWANS- EGLINTON
Grazia's fashion news and features editor has an eye for the eclectic and a pathological fear of men in flip-flops.
@charliegowans



CLARE PENNINGTON
As a teen, Clare got chilblains on her stomach from refusing to relinquish crop tops in winter. Our acting senior picture editor continues to make irresponsible fashion choices. @pennyforagirl

AND YOU

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EVERY MONDAY
@GRAZIAUK ON
INSTAGRAM



The A-LIST unleashed their WILD SIDES for the SAG AWARDS...



THANDIE
NEWTON

CHARLIE SAYS:

No wonder those horses are stampeding: they've spotted the Starship Fashion-erprise readying for attack.
★★★★☆

CLARE SAYS:

The gang at Schiaparelli threw everything at this dress – wildlife, carnival equipment, an inexplicable shoulder brace. Normcore can do one. This is Morecore. And I bloody love it.
★★★★☆

YOU SAY:

Thandie, this Western-inspired dress drowns your glamour. And the collar – girl, looks like you left half at home. However, the '20s hairdo is a must this season.
★★★★☆

@SIMYDEOL



NICOLE
KIDMAN

CHARLIE SAYS:

I feel like NK's playing dress-chicken with us. The frocks are going to keep on getting more bonkers until someone puts the brakes on. It's a bit good, though.
★★★★☆

CLARE SAYS:

It bores my socks off when celebs go to fancy bashes in dull dresses, so good on you, Nicole, for this warrior-mermaid-cum-jungle-princess number, played in the hue of Kermit.
★★★★★

YOU SAY:

Finally, Nicole isn't in something insipid and pastel. Loving the green sequins, even with the parrot shoulders.
★★★★☆

@RODYRAY ▶



JANELLE
MONAE

CHARLIE SAYS:

Well, Chanel-o! Perhaps not fully in keeping with Coco's 'take one thing off before you leave the house' rule, but at least she's committed.

★★★★☆

CLARE SAYS:

Are you ever struck by how difficult something must have been to make? Puff pastry, for example, or Heidi Montag's face 2.0. And this dress! Thank god it got the outing it deserved on beautiful Janelle.

★★★★★

YOU SAY:

Kudos to Janelle for daring to be different, but the doily wristbands are just one frill too many.

★★★★☆

@LOVELAURELX



KATE
HUDSON

CHARLIE SAYS:

Considering this Dior collection was a hard 10, this look is a four at a push, and that's only after a couple o' glasses...

★★★☆☆

CLARE SAYS:

Big fan of the formal boob tube. Bigger fan of formal underboob. But my nan'll be livid when she notices that Kate swiped her potpourri for a corsage.

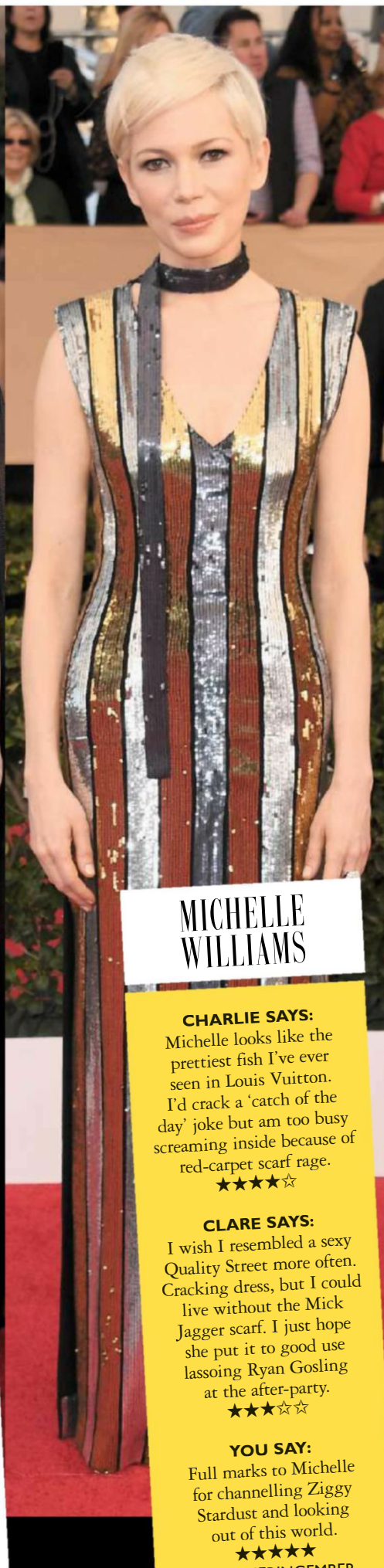
★★★★☆

YOU SAY:

Kate is vamping it up in sheer sequins. The flower is distracting but still pretty with her dark-rouge accents.

★★★★☆

@JOSEBAGIO



MICHELLE
WILLIAMS

CHARLIE SAYS:

Michelle looks like the prettiest fish I've ever seen in Louis Vuitton. I'd crack a 'catch of the day' joke but am too busy screaming inside because of red-carpet scarf rage.

★★★★☆

CLARE SAYS:

I wish I resembled a sexy Quality Street more often. Cracking dress, but I could live without the Mick Jagger scarf. I just hope she put it to good use lassoing Ryan Gosling at the after-party.

★★★☆☆

YOU SAY:

Full marks to Michelle for channelling Ziggy Stardust and looking out of this world.

★★★★★

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DIARY OF AN AFFAIR

With TV's *Apple Tree Yard* delving into the depths of extra-marital activity, one woman admits her affair has turned her into someone she doesn't recognise

I'M WAITING AT A TRAIN

STATION, my overnight bag packed, my heart pounding and stomach churning. Is it butterflies, or is it guilt? I'm about to meet my lover to escape for the night to a hotel far away from home. I'm excited, nervous, aching to see this man. My new love. And yet the spark and those lustful moments are peppered with self-hatred and disbelief at what I'm doing. I should be at home with my husband and son.

My affair with Mark started a few months after we met. I had enrolled on a simple night course in an attempt to ▶



get myself out of my post-baby funk. He was the teacher. It started off platonically, but soon we couldn't ignore the frisson. I quickly became the protagonist in a surreal nightmare. At every turn, I was petrified that Will, my husband of not even a year, would follow me. What if he saw me now, sinking into the arms of another man on the platform? The ache to see Mark – an ache that put my marriage as well as my two-year-old child, Sonny, on the guillotine – felt beyond my control. I risked it, even though I knew my whole life could erupt at any moment.

As we made our way to the hotel, the chemistry was electric. As soon as we entered the room, the impractical new lingerie bought especially for the encounter was redundant on the floor. For the first time in too long I felt alive again.

Since the birth of Sonny two years ago, I had been on a never-ending prescription of antidepressants. I couldn't help but question my mental health: why I was never satisfied? Why could I not just enjoy my picture perfect life? I had everything: a good husband, a big house, a beautiful boy and comfortable finances, but I felt emotionally bankrupt. I was irrationally jealous of other people's content lives.

Before this, Will and I had been dangerously in love. Over the decade of our relationship our sex life would have made E L James blush. He was kind, handsome, clever and an amazing dad. Yet the spark had been dulled by mutual nagging, dirty nappies and his worsening control issues. We were living almost separate lives, but the ink was barely dry on our marriage certificate. How could I give up?

We'd recently moved to a new town and I felt like my life had come to a standstill. I was 34, living far from my friends, away from my career as an insurance broker and, I suspect, suffering from post-natal depression. I was lost and desperately low. The future felt bleak and



I THOUGHT I'D LOST ANY SEXUAL DESIRE BUT IT RETURNED WITH A VENGEANCE

I'd often wearily ponder, 'Is this it?'

Mark was everything Will wasn't. Fun, naughty, spontaneous, sexy, charismatic and – to top it all off – 10 years younger than me. Not only did this cute toy boy appeal to my wild side, but we shared passions and dreams. His way of life thrilled me; his unfixed abode, his colourful past and his animated friends. We'd be on one of our secret trysts and suddenly find ourselves in the midst of a jazz club, a mosh pit, an underground bar, talking to everyone and anyone. It made me fizz.

Will travelled a lot with work, so as the months of our affair unfurled I'd find excuses to leave Sonny with my parents. I thought I'd lost any sexual desire before meeting Mark, but it returned with a vengeance. His hungry sexual appetite encouraged me to act like a teenager. In the car behind a petrol station, spending 20 minutes in a restaurant toilet, getting hot and bothered in a sauna. There was no place out of bounds. We couldn't get enough of each other.

I told close friends, even taking Mark to parties back in the city where I used to live. They warned me to quit before the noose tightened. Even though they liked him, they encouraged me to cut all ties to work on my marriage, or to have space from both so I could see clearly. I couldn't listen.

My family had begun to realise something was up. I'd gone from telling them every detail of my boring days to being sketchy and uncontactable. I tried to tell them how desperately unhappy I was with Will, how I felt trapped, but my pleas, because of their desire for us to remain a regular 2.4 family, fell on deaf ears.

The lies were beginning to catch up with me. Receipts for expensive, romantic meals and parking tickets from unlikely areas were found, but I swore to Will it was nothing sinister. One time, and I'm not proud of it, I took Sonny with us while we stayed in a hotel in London. I

clearly wasn't thinking rationally, but I didn't see the harm in bringing him along to meet a 'friend'. Of course, we waited until he was asleep in a separate room before we were intimate. But playing fake happy families, I saw how wonderful Mark was with Sonny. Confirming he had the capacity to love a child who wasn't his was almost a bigger turn-on than our scorching sex life.

A few weeks later, Mark was coming with me to one of our 'safe' places – drinks with old friends who were understanding of my double life. I'd forgotten that Will's cousin was a mutual friend of the group, and he randomly turned up at the drinks. It was gut-wrenching; I only just managed to let Mark know to stay away in time. I left my friends to find him – my flakiness a now regular occurrence since the affair – and I got insanely drunk, as we argued over the near miss into the small hours.

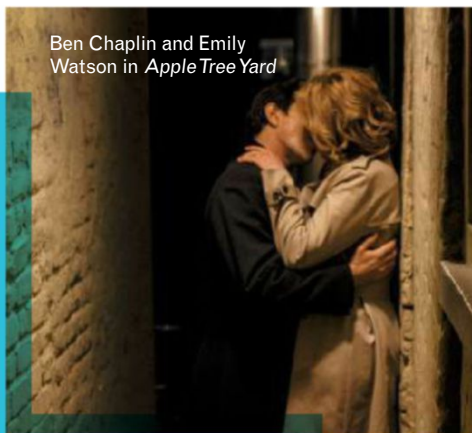
I'd regularly take my own self-hatred out on him. I felt so messed up that I frequently turned to alcohol to self-medicate. I'd drink so heavily, I'd black out an entire night, then awake with flashbacks of spitting abuse at him. At my worst, I'd veer from not knowing who he was to telling him it was over and that I hated him.

I decided it was time. I needed to confess. Back at home, I tried to tell Will that I'd strayed, but the words were cemented to my tongue. Then, after yet another row when Will scolded me for taking Sonny to a friend's house he disapproved of, I lost it and told him everything. He was shocked and devastated and two weeks later, he moved out.

Initially my family hated me. According to them, it was all my fault because I hadn't tried hard enough to save the marriage. They wanted me to waste years working on a relationship that had already been cremated, by both Will and I, way before the affair.

The aftermath was apocalyptic. I'd hurt the people I cared about the most and acted like a maniac. Because of Sonny, I have to see Will regularly, even though I have now moved out of the house and returned to my job in the City part-time. My heart crumbles because of the pain I've caused. Although I'm now open with my family about my new relationship and I know Will and me are better off apart, I was foolish to think I'd waltz off into the sunset with Mark. I love him, and I believe he loves me, but guilt is a bitter pill. ■
All names have been changed

Ben Chaplin and Emily Watson in *Apple Tree Yard*





Delicious Spoonable treat



This Easter, discover **the treat that has it all**. Kids love peeling back the **two halves**, for two times the joy. In the first half, they can spoon up layers of **creamy milk and cocoa filling** topped with **delicious crispy wafer bites**. In the second, there's a fantastically **fun toy** for them to enjoy.

*I was STIGMATISED
as a child and I had
to GROW UP very
fast. I couldn't SHOW
my emotions*



TAKE THE



As new book *The Female Lead* brings together 60 of the world's most accomplished women, we find out what inspired five of them to brilliance

'YOU CANNOT BE WHAT YOU CANNOT SEE' – this simple and oft-quoted saying is brought to life in spectacular form in a new book out this month by entrepreneur Edwina Dunn. In a bid to inspire girls to new levels of greatness, Dunn's *The Female Lead* showcases interviews with 60 incredible and diverse women from across the world, from firefighters to film-makers, from Meryl Streep to Britain's youngest MP Mhairi Black.

Edwina's aim is to expand girls' ambitions and, to that end, thousands of copies will be donated to schools across the US and UK (you can nominate a school to receive a copy at thefemalelead.com/order-the-book). Edwina explains, 'The 60 women in *The Female Lead* have been leaders in their professions; some have broken new ground for women; some have inspired changes through relentless endeavour. These women were passionate, dedicated, curious, hard-working and often inspired to help other people and change the world for the better, but the notion of being personally "ambitious" did not resonate

with all of them. We hope the breadth and variety of passion and accomplishment showcased in *The Female Lead* book and documentaries will encourage girls to unlock their ambition, on their own terms.'

Here, in a series of exclusive extracts, we hear from five of Dunn's wonder women...

PRIMA BALLERINA MICHAELA DEPRINCE, 22, WAS THE YOUNGEST IN HISTORY TO PERFORM WITH THE DANCE THEATRE OF HARLEM

My uncle took me to the orphanage [in Sierra Leone] after my father was shot and my mother starved to death. He knew he'd never be able to get a bride price for me, because of my vitiligo. There were 27 children in the orphanage and we were numbered. Number 1 got the biggest portion of food and the best choice of clothes. Number 27 got the smallest portion of food and the leftover clothes. The aunties thought I was unlucky and evil because of my vitiligo. I was number 27. ▶

FEMALE LEAD



I thought nothing good would ever happen to me and then, one day, I found a magazine outside the gate of the orphanage. On the cover was a picture of a ballerina in a tutu. I thought she was a fairy on her tippy toes, in her beautiful pink costume. But what struck me most was that she looked so happy. I hadn't been happy in a long time. I ripped off the picture and hid it in my underwear.

I was stigmatised as a child and I had to grow up very fast. I couldn't show my emotions. Being adopted showed me that it was OK to be weak sometimes, that weakness can be a kind of strength. Dancing can be very painful and exhausting, which is why it's so important to have my family. My parents were able to convince me that all the people I love are not going to die and that, even when they do die, their love will stay with me. They also made me see that it is OK to be different, to stand out. My sister Mia is a part of what I do every day and she and the rest of my family have helped me appreciate important things – it is possible for things to get better; it is a mistake to hold on to the past; you should laugh when you can; and you should look forward to the future.



OSCAR-WINNER MERYL STREEP, 67, HAS BEEN CALLED 'THE BEST ACTRESS OF HER GENERATION'

I grew up in New Jersey, in a suburb of a very small town, and it was my imagination that took me out of my circumstances and enabled me to understand the lives of others in a way I found thrilling, whether through reading or the things I saw on TV. I wanted to be a translator at the UN and help people understand each other. In a way, that's what I'm trying to do as an actress – to get deep into someone else's life, to understand what made them feel the way they did and compelled them to move in a direction. I find it endlessly interesting how different we are and how similar we all are.

I spent far too much time when I was younger thinking about how much I weighed. When I think of the man hours – woman hours – I spent on that subject, it was the biggest waste. So if I could go back, I'd say, 'Think about the bigger picture.' Of course, it's a visual medium. We think about our looks. I don't bring a suitcase with my dossier in it to an audition, I bring my body – so you can't moan that you're judged on your looks. It's showbusiness. But you're representing lives, and lives look all different ways, all different shapes. That's one thing I do see is changing and it's really good. It just makes the cultural landscape richer.



CHRISTINE LAGARDE, 61, IS THE MANAGING DIRECTOR OF THE INTERNATIONAL MONETARY FUND

I was very lucky to have a powerful, independent mother – and a smart father as well! My mother was determined to encourage what she called my natural sense of independence – and authority, on occasion. I was the eldest of four siblings and she did not stop me from being the boss in those days. She delegated quite a bit of authority to me at the time and I was babysitting the younger boys when I was four or five years of age. That empowerment from a very early stage has certainly been very helpful to me.

Failure is OK. This is not necessarily accepted in all societies or in all civilisations. But success does not come easily and should not be taken for granted. It is very much about hard work, resilience, determination – it is also about teamwork. Helping others, being helped, operating with others on your team is critically important. Some people will not be helpful and some people will want to promote themselves instead of the group. But that is not a reason to assume that you can succeed on your own. Reach out to other women, including more senior women who have succeeded, and ask them for advice, for support.



FILM-MAKER AVA DUVERNAY, 44, WAS THE FIRST BLACK FEMALE DIRECTOR TO BE NOMINATED FOR A GOLDEN GLOBE

I grew up in Compton, Los Angeles, California. Most people would regard it as a rough neighbourhood but for me it was a beautiful place. I had an amazing childhood, surrounded

by family and friends and happy times. I went to an all-girls Catholic school, and wore a grey wool skirt from first grade to twelfth grade – very fashionable! At the time I wished that I was in a school with boys but I look back now and realise that attending a single-sex school allowed me to focus on friendships, sisterhood and my studies, which was very important.

I always say the same thing – work without permission. So many of us work from a permission-based place and we don't even know it. We're waiting for someone to say it's OK, to give us a green light, give us money, tell us how to do it, shepherd us through. Some people get lucky, but most of us have to do it for ourselves, and the sooner you realise that, the sooner you step out and begin. Just begin and you will start to find your momentum. That's a very simple piece of advice, but so often I hear people asking, 'How do I get started, how do I do this?' You just start. It won't be perfect. It'll be messy and it'll be hard, but you're doing something and you're on your way.



MODEL KARLIE KLOSS, 24, IS GETTING GIRLS INTO CODING

Maths and science fascinate me. I'm curious about technology and when I started learning about coding, my eyes were opened to how extraordinary it is and how important it is to learn. I quickly realised that understanding code opens doors, especially for women, and there are so few women in STEM – science, technology, engineering, mathematics. I wanted to excite other girls about coding, and also offer them opportunities to learn. So I put out a video on Instagram to say any girls who are interested in coding, send me a video telling me what you would do with this skill set, and we'll write scholarships for 20 girls to learn how to code. I'm biased, but I think girls are better at just about everything!

When you're passionate about something, and you're really fulfilled on a personal level too, I think it enables you to be more focused and enjoy every other aspect of your life. What enables you to be successful, I think, is when you really love what you're doing. ■

'The Female Lead' By Edwina Dunn with photography by Brigitte Lacombe (£30, Ebury Press) is out Thursday. To see the documentary or nominate a school to receive a free copy and teaching resource, go to the femalelead.com. #SHESMYINSPIRATION

PARTY PEOPLE

This week's hottest happenings

GLAM GLOBE-TROTTING FROM LONDON TO NYC

OLIVER CHESHIRE

THE HAIR FLAIR BUNCH

WHAT Larry King salon launch
WHERE South Kensington Club
WHO Niall Horan, David Gandy, Oliver Cheshire

David Gandy claims he helped tame his once unruly hair, David Beckham is a fan and he's styled Poppy and Cara Delevingne. No surprise then that Larry King attracted a VIP crowd to the launch of his flagship salon next door to the South Kensington Club. After a quick tour, we moved on to members' club Albert's for a nightcap.

GRAZIA ATE
Seared tuna, crab
and cucumber

GRAZIA DRANK
Copperdog whiskey
cocktails

WHINNIE WILLIAMS

KLAUS BIESENBACH

JOANNA KUTCHA
AND JESS WOODLEY

MARC ARMITANO
DOMINGO AND
RYAN MCGINLEY

DAVID GANDY

NIALL HORAN

LARRY KING AND
NIOMI SMART

ST VINCENT

DANNY BOWIEN
AND YOUNGMI
MAYER

MAGGIE
GYLLENHAAL

HAPPY ROOSTERS

WHAT Opening Ceremony
celebrates Lunar New Year
WHERE Shun Lee Café, NYC
WHO Claire Danes, Hugh
Dancy, Maggie Gyllenhaal,
St Vincent, Solange

After treating New York's style set to a ballet-cum-fashion show by Justin Peck, Opening Ceremony hosted an after-party at VIP Chinese eatery Shun Lee in celebration of Chinese New Year.

HUGH DANCY
AND CLAIRE
DANES

ANN LEE, ANGELA
DIMAYUGA AND
EMILY EISEN

GRAZIA ATE
Baby back ribs,
Beijing duck
GRAZIA DRANK
Tiger beer

RYAN MCNAMARA,
DEV HYNES AND
ANA KRAS

HUMBERTO
LEON AND
SOLANGE

CHRISTINE
BLEAKLEY
AND FRANK
LAMPARD

PIXIE LOTT

BOXING CLEVER AND A FRAGRANT FANDANGO

ROXIE NAFOUSI

XENIA TCHOUMI AND ALICE CHATER

ROSE GILROY

HARLEY VIERA-NEWTON

BLACK LIVES MATTER

CLEO WADE AND MIA MORETTI

CIPRIANA AND TK WONDER QUANN

SMELLS BELLES!

WHAT NY Dior Poison Club
WHERE Up & Down, New York
WHO Bella and Anwar Hadid

At Dior's one-night-only celebration of their latest fragrance, Poison Girl, Bella and Anwar Hadid proved they're the best-looking siblings since, er, Bella and Gigi, while Dianna Agron and Camilla Rowe kept the party going until the early hours. Bring on Fashion Week!

CAMILLE ROWE

DOINA CIOBANU

GRAZIA ATE
Crostini fassona, tortellini
GRAZIA DRANK
Ciroc cocktails, Joe & the
Juice green juices

BOXER BEATS

WHAT BXR launch party
WHERE Chiltern Street, London
WHO Anthony Joshua, Guy Ritchie, Paris Hilton

A gym isn't usually where you'd find us sipping cocktails on a Wednesday night, but last week Olympic boxer Anthony Joshua persuaded us to join him at the launch of BXR, London's first boutique boxing gym. Ellie Goulding and André Balazs (owner of nearby Chiltern Firehouse) are already firm fans, and we're told BXR is set to become the A-list's favourite training ground. Sign us up!

ANTHONY JOSHUA

GUY RITCHIE AND JACQUI AINSLEY

MAXWELL ZAGORSKI

OLIA SARDAROVA AND MARYNA LINCHUK

MELISSA ODABASH AND JULIEN MACDONALD

LAURA LOVE

PARIS HILTON

ANWAR AND BELLA HADID

KITTY CASH AND BRITTANY BYRD

GRAZIA DRANK
Belvedere cocktails

EDITED BY POLLY KNIGHT

DENIM NOW

HOW TO
BE IN
FASHION

SPECIAL

- * STREET DENIM
- * CATWALK TRENDS
- * THE NEW BRANDS
- * FIT GUIDE

STREET

STYLE

Street-style stars show that fashion's barometer is most definitely set to denim

YUWEI ZHANGZOU

VERONIKA HEILBRUNNER

NEW YORK FASHION WEEK

BELLA HADID

FREDERIKE SOFIE

NEW YORK FASHION WEEK

JANE BIRKIN, 1974

PARIS FASHION WEEK

JAZZY JEANS *Be bold, be brave, be embroidered...*

Embroidered, £59, Topshop (topshop.com)

Metallic strips, £34.99, H&M (hm.com)

Star print, £415, Stella McCartney (net-a-porter.com)

Tasselled, £42, River Island (riverisland.com)



ASHLEY ROWE

Ex-stylist Rowe launched her Texan-made denim brand with just six pieces last year, and her minimalist designs are going from strength to strength.

Trousers, £185, top, £135, dress, £160, all exclusively available at Selfridges' Denim Studio (selfridges.com)

ASHLEY ROWE

Top, £165, trousers, £185

LABELS WE LOVE



YOUR NEW DENIM DIRECTORY

Do you really need another pair of jeans? Erm, yes, obviously – and these are the three new brands to know.



TORTOISE DENIM

Sustainability is a watchword for this Cali label, which has developed more environmentally friendly processes to make their denim. Plus, they look bloody great.

Jacket, £480, jeans, £335, exclusively available at Selfridges' Denim Studio (selfridges.com)



KING & TUCKFIELD

This Brit brand may have only debuted for S/S '16, but its signature selvedge denim, made in East London with an eye on sustainability and a 1950s aesthetic, is fast becoming a favourite.

L-R: Briony high waists, £195, wide-leg trousers, £179, wide-leg jeans, £265. Model wears Briony jeans in Tanti bright blue, £195, all kingandtuckfield.com

THE BIG BLUE

From the most basic of wardrobe essentials to the biggest of catwalk trends, denim is a fashion staple. Here's how to wear yours for S/S '17



Bustier, £59, Guess (guess.eu/en)



Dress, £55, Topshop Boutique (topshop.com)



Jeans, £94.99, G-Star Raw (zalando.com)



ACNE STUDIOS



ISABEL MARANT



OFF-WHITE



VETEMENTS



Jacket, £65, Dorothy Perkins (dorothyperkins.com)

Dungarees, £65, White Stuff (johnlewis.com)



Earrings, £25, Finery (finerylondon.com)

MOOD INDIGO

Think dark washes and nearly black selvedge, utilitarian lines and exposed seams that nod to the catwalk. Wear yours with all-black everything.



Top, £35, Dorothy Perkins (as before)



Mules, £69.99, Zara (zara.com)



Jeans, £39.99, Zara (as before)

GRAZIA HOW TO BE IN FASHION NOW



Jeans, £115, Calvin Klein Jeans (calvinklein.com)



Jumpsuit, £225, Ba&sh (ba-sh.com)



Satin loafers, £360, Joseph (net-a-porter.com)



Earrings, £6.99, H&M (hm.com)

LADYLIKE

Carolina Herrera championed ladylike denim this season, reinventing the casualwear fabric in beautifully cut dresses. Look for fluid silhouettes and mix with metallics.



Top, £140, Marni (brownsfashion.com)



Jeans, £39, Wood Wood at Amazon Fashion (amazon.co.uk)



Dress, £169, Les 100 Cielis (les100cielis.com)

SAINT LAURENT



JASPER CONRAN



CAROLINA HERRERA



MOTHER OF PEARL



Trench coat, £135, Guess (guess.eu/en)



Dress, £250, Solace London (net-a-porter.com)



Sandals, £29.99, Ego (ego.co.uk)



Mules, £85, Uterqüe (uterque.com)



Dress, £245, J Brand (veryexclusive.co.uk)



Jeans, £210, AG (agjeans.com)



Earrings, £59, Hélène Zubeldia (cadenzza.com)

**IT'S A
WASHOUT**

Models stomped down the catwalks at Versus and Alexander Wang in super-pale denim. Pair with ladylike kitten heels and chandelier earrings for evening.

Jacket, £54.95, Gap (gap.co.uk)



ANTONIO MARRAS



ALEXANDER WANG



PRINGLE OF SCOTLAND



VERSUS



Jacket, £60, Studio by Preen (debenhams.com)



Dress, £115, Replay (replay.com)



Skirt, £70, Levi's (levi.com)



Jeans, £90, Pepe (pepejeans.com)



Jacket, £45, ASOS (asos.com)

Boots, £620, Laurence Dacade (brownsfashion.com)



Shorts, £90, Calvin Klein Jeans (calvinklein.com)



Skirt, £295, JW Anderson (matchesfashion.com)



PHILOSOPHY DI LORENZO SERAFINI



MARQUES'ALMEIDA



MARQUES'ALMEIDA



Y/PROJECT



Jeans, £110, Tommy Hilfiger Denim (tommy.com)



Bag, £315, See by Chloé (mytheresa.com)



Dungarees, £425, Rebecca Taylor (rebeccataylor.com)



ROUGH AND READY

We want raw edges on everything – jeans, jackets, even bags! Try DIY with a sharp pair of scissors or skip the guesswork and buy yours ready-made. Just add white trainers.

Jeans, £250, 7 For All Mankind (7forallmankind.co.uk)



Dress, £32, River Island (riverisland.com)



Jacket, £290, Diesel (diesel.com)





MEET THE DENIM EXPERT

IN OUR NEVER-ENDING quest to find our jeans soulmate, we haven't met a woman who knows more about them than Donna Ida Thornton. With 11 years of expertise under her belt – and her own denim emporium selling the coolest shapes around – she made light work of letting us know how to find the perfect pair to suit your silhouette...

01/PETITE

Donna says: 'Petites often have beautiful proportions, just in a smaller package! A shorter girl should highlight her curves without swamping her figure with too much fabric.'

Look for: 'Skinny or straight legs; fading or detailing will add shape. High-rise elongates legs and cinches-in the waist, or try cropped styles. Hem over-long jeans or snip hems off for a raw look.'



IDA Kitty Kat Cropped in Forever Blue, £180

02/TALL

Donna says: 'If you struggle to find jeans long enough, seeing long legs as an asset rather than a hindrance can be hard.'

Look for: 'Lower waistlines; too high and the jeans will make legs even longer and shorten your torso. Most washes will work, particularly those with shading to the thigh, which will add shape. Try crop styles too – release the hem to add extra length.'



IDA Ivy Skinny in 50s Monroe, £155

03/CURVY THIGHS

Donna says: 'The key is to stick to styles with plenty of structure and just a little bit of give.'

Look for: 'A straighter-leg jean is a must for any curvy figure as it will elongate your legs. Stick to a heavyweight denim with a minimal amount of stretch for the structure you need. High-waisted styles provide a cinched-in waist effect, and try dark washes to help lengthen legs.'



J Brand Maria Skinny jeans in Bluebird, £200

04/SLIM

Donna says: 'While slim silhouettes can wear most styles of jean, the perfect pair will give the illusion of a more defined shape and create curves in all the right places.'

Look for: 'Low-rise skinnies – they give more shape and definition than most other fits. Experiment with detailing such as zips and hardware. Adding details, like back pockets, will add shape to your bottom.'



IDA Kitty Kat Mini Boot in Blackest, £155

05/MUSCLY CALVES

Donna says: 'The obvious solution for athletic calves is flares, but boyfriend jeans are another great shape as they're looser in the thigh and calf. Also experiment with kick-flares.'

Look for: 'Fitted tops to balance out boyfriend jeans. And for a cropped kick-out style or flare, try a high-waisted shape worn with a tucked-in shirt.'



Current/Elliott The Fling Boyfriend in Loved, £220

06/APPLE BOTTOM

Donna says: 'To flatter your curves, highlight your greatest asset (your waist) to even out your proportions.'

Look for: 'High-waisted jeans, bootcuts and wide legs. Darker washes with added stretch will streamline your shape and give structure while still providing comfort.'



IDA Rizzo High Top Ankle Skinny in Planetary, £165

All jeans at donnaida.com. Personal appointments with Donna available in-store

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RIVER ISLAND

#ImWearingRI



PHOTOGRAPHS PAUL FARRELL FASHION GEMMA HAYWARD

DENIM DYNAMICS

All roads lead to denim... But not as you know it. These silhouettes transform fashion's hardest-working fabric



GRAZIA HOW TO BE IN FASHION NOW



Denim top, £1,030,
Acne Studios;
earrings, £210, **Annie
Costello Brown**



Denim jacket, **£290**,
House of Holland;
shirt, **£330**, **Tibi** at
Fenwick; jeans, **£320**,
Victoria, Victoria
Beckham; earrings,
£155, **Elizabeth**
and James

Denim coat, £980, Y's;
satin dress, £416,
FRAME; shoes, £426,
Jacquemus; earrings,
£100, Dinosaur
Designs



Dress with
voluminous sleeves,
£495, Jacquemus;
denim skirt, **£230,**
Rejina Pyo; earrings,
£350, Annie
Costello Brown





Shirt, £357, **Ann Demeulemeester**;
jeans, £310, **3.1 Phillip Lim**; shoes, £425,
Nicholas Kirkwood;
earrings, £75,
Susan Caplan



Corset, **£290**,
Philosophy di
Lorenzo Serafini;
sweater, **£324**,
FRAME; trousers,
£505, **Tibi**;
earrings, **£410**,
Annelise
Michelson

Daze jacket, £430,
and jeans, £350, both
**Denim x Alexander
Wang**; corset, from a
selection, **Rosamosario**;
slingbacks, £650, **Dior**;
earrings, £451,
Anissa Kermiche





Belted denim jacket,
£440, **MM6 Maison
Margiela**; corset, £470,
Georgia Alice; jeans,
£400, **Cédric Charlier**;
earrings, £190,
Lutz Huelle

Top, £625, trousers, £625,
and heels, £445, all
Stella McCartney;
earrings, £210,
Giorgio Armani

3.1 Phillip Lim

31philliplim.com **Acne
Studios** acnestudios.
com **Anissa Kermiche**
anissakermiche.com

Annie Costello

Brown The Store, Soho
Farmhouse
sohofarmhouse.com

Ann

Demeulemeester
anddemeulemeester.com

Cédric Charlier

net-a-porter.com

Denim x Alexander

Wang net-a-porter.com

Dinosaur Designs

dinosaurdesigns.com.au

Dior

dior.com

Elizabeth and James

elizabethandjames.us

Fenwick

fenwick.co.uk

FRAME

selfridges.com

Georgia Alice

net-a-porter.com

Giorgio Armani

armani.com

House of

Holland

matchesfashion.com

Jacquemus

jacquemus.com

Kirkwood

farfetch.com

Lutz Huelle

lutzhuelle.com

MM6

net-a-porter.com

Maison Margiela

net-a-porter.com

Philosophy di

Lorenzo Serafini 020

7235 2349 **Rejina Pyo**

rejinapyo.com

Rosamosario

rosamosario.com

Stella

stellamccartney.com

Susan Caplan

susancaplan.co.uk

Tibi

boutique1.com

Victoria,

Victoria Beckham

victoria-beckham.com

Y's

yohjiyamamoto.co.jp

Digital Tom Green

Lighting assistant

Georgia Deevey-Smith

Fashion assistant

Fenella Webb

Casting

& bookings editor

Holly Scott Lidgett

Model Jessie Hsu at

Storm Hair Keiichiro

Hirano at the The

London Style Agency

using Unite

Make-up

Kentaro Kondo at

Eighteen Management

using NARS Cosmetics



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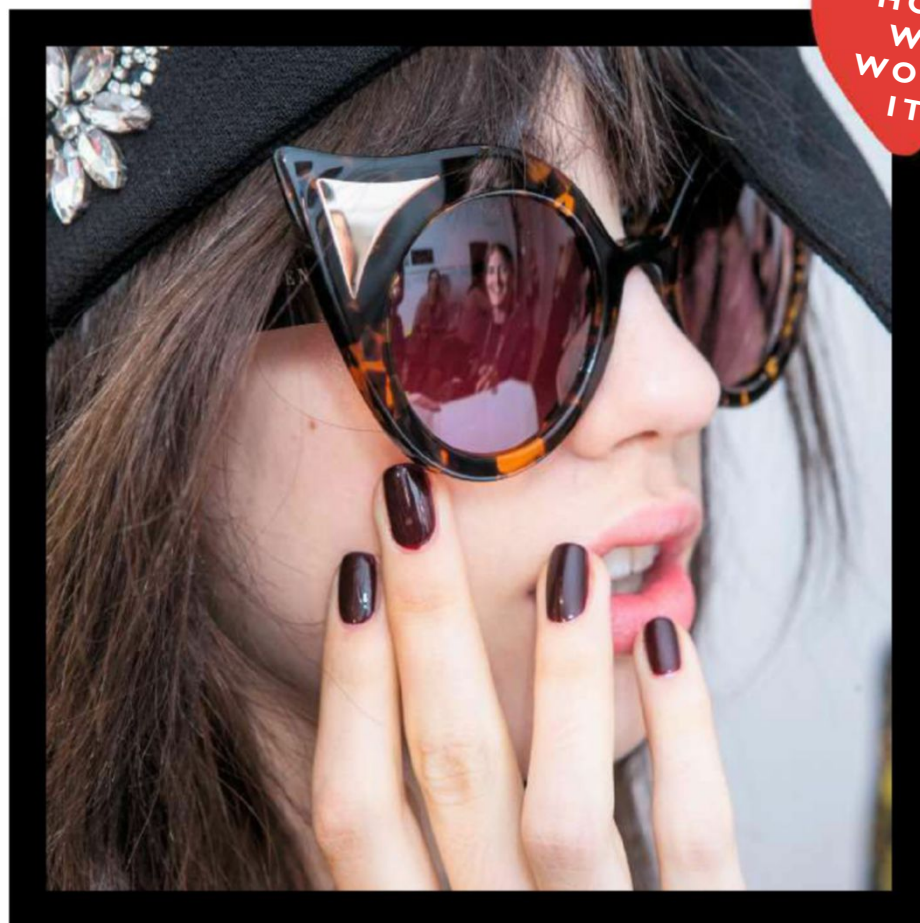
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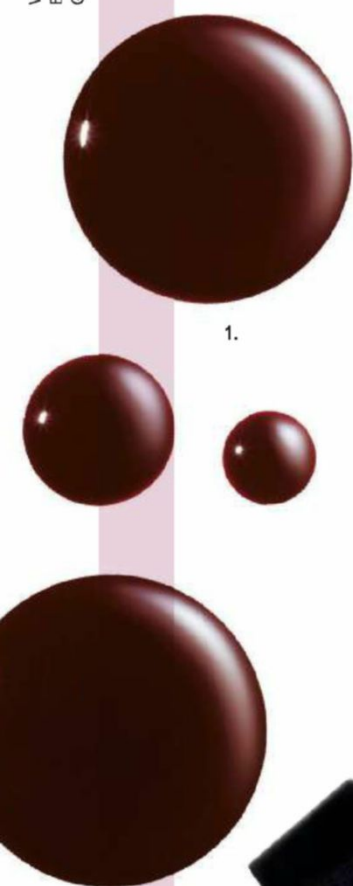
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SINCE 1849

GRAZIA BEAUTY



HOW
WE
WORK
IT



BORDEAUX NOIR NAILS

Where we spotted it

Behind the scenes at Preen, where slicks of deep rouge topped models' glossy talons.

Why we love it

Wine nails deliver sexiness and polish in equal measure.

Ways to work it

Rich off-blacks like prune, maroon and dark plum guarantee a chic statement. We recommend a glossy topcoat to ensure your colour lasts longer than a working week.

1. Burberry Nail Polish in Black Cherry, £15. 2. Nailberry Little Treasure Nourishing Cuticle Oil, £17. 3. Frédéric Malle Iris Butter Hand Cream, £55. 4. Revlon Ultimate Shine Top Coat, £7.99. 5. Givenchy Le Vernis in N°08 Pourpre Defile, £17



GET READY TO WEAR **HAI**

*Meet the ingenious tech, coolest cuts and
It accessories set to transform your hair for
spring. Your best swish is yet to come...*

1.

COLOUR FROM YOUR COUCH

Balayage is still big news, in fact, Treatwell* has reported a 118% increase in the service year on year. But as much as we love the look, it can be costly. Enter **eSalon's Lightlab, £26**, the first at-home balayage kit, complete with personalised prescription, how-to instructions and a roster of experts at your beck and call via its website.

Alternatively, try Instagram's 'blorange' trend (blood orange to you and me), with **L'Oréal Paris Colorista Washout in #PeachHair, £6.99**. With a promise to fade in just two weeks, you can follow in the terribly chic footsteps of Gigi and Georgia May.



WORDS SAMANTHA FREEDMAN

PHOTOGRAPHS JASON LLOYD-EVANS





2.

WITH THE BAND

The only accessory you need this season? 'A black ribbon worn as a headband,' reveals backstage hairstylist Anthony Turner. 'Wear with a centre parting, a low-slung bun, then tug and tease strands loose around your hairline.'

Spotted at Erdem, worn by you. We love.

Black ribbon, £7.99/m, VV Rouleaux

ERDEM

3.

THE BRAINY BRUSH



Kérastase has unveiled the first ever 'smart brush'. A microphone detects dryness and breakages, there's a measure for the pressure you're applying, a monitor to analyse your brushing patterns and a sensor to determine if you're working on wet or dry hair. The stats download to your phone, allowing the creation of a product package tailor-made for you.

Smart Brush, £200, Kérastase
(available from mid-2017)



4.

FOAM THAT FLATTERS

Jen Atkin – mane tamer to the Kardashians – has revolutionised our routine with the latest launch from her brand. **Ouai Dry Shampoo Foam, £24**, is a waterless cleansing foam that acts like a magic eraser, soaking up dirt and grease so you can go without washing for four days, while still looking fab. ▶





TIP

Style your new season cut with Redken Wind Blown 05, 313



5.

THE SHAGGY SNIP

It wasn't just the billowy parkas that caught our attention at Versace, but the shaggy crops cut in model hair by session stylist Guido Palau. 'Ask your hairdresser to snip into the ends to give a choppy, broken finish at the bottom,' advises Redken ambassador Larry King. 'I love the addition of a fringe: it's a long, lash-skimming length that's heavy, but where a traditional fringe would start and finish at the end of your brows, this one comes further back, opening up the face.'

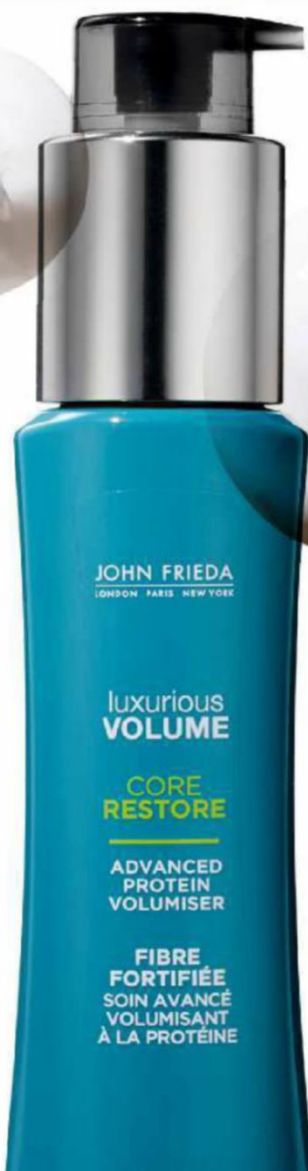
6.

AGE DEFINERS

Who doesn't want to maintain the quality of their hair as they age? Fight flat strands with these heroes created especially for mature manes.

Start with **Phyto Phytodensia Plumping Shampoo, £15.50**, packed with hyaluronic acid (used in skincare for its hydrating results).

Follow with **John Frieda Luxurious Volume Core Restore, £9.99**, which will plump strands in the short and long-term. And if you're embracing grey, **Josh Wood Pro Brilliance Embrace Hair Mask, £15** [1], contains brighteners to reduce yellowing and promote shine.



7.

WASH 'N' GO

'Over-styling is out, just washed hair is in,' states backstage guru Anthony Turner. 'At JW Anderson, we washed model hair, coated it in **L'Oréal Professionnel Mythic Oil Original, £16.49**, then waited while it dried into a natural style. Leaving hair to make its own mishaps makes each girl more beautiful.'

8.

PLATINUM POWER

At Alexander Wang, a massive 17 of the models requisitioned one of Guido's bleach-blond crops. Thinking of a colour change for summer? Make this it!



ERMANNO SCERVINO

ALEXANDER WANG

ALEXANDER WANG

JW ANDERSON

BARBARA CASASOLA

CHLOE

ERMANNO SCERVINO

GUCCI

ALEXANDER WANG

CHLOE



9.

THERE'S A SPRAY FOR THAT

Spritz these into towel-dried locks for your best blow-out yet...

Charles Worthington Everyday Gentle Protective Detangling Mist, £5.99, reduces breakage by 82%, while prepping strands pre-heat.

Pollution can fade your colour – take preventative action by spritzing **Shu Uemura Art of Hair Urban Moisture Hydro-Nourishing Double Serum, £32**, over just-washed hair.

Need a healthy shot for hair? **Living Proof's Restore Perfecting Spray, £27**, contains a light but high-performance time-release conditioner.

Kérastase's Aura Botanica Essence d'Eclat, £39.50, contains a hybrid formula of damask rose water and highly nutritious oils that coat hair for a glossy sheen.



10.

GO TO SCALP SCHOOL

'Our scalps are an extension of our skin,' advises leading trichologist Anabel Kingsley, 'so they should be treated in a similar way to your face.' Starting at the root cause (excuse the pun) will produce much healthier, happier hair.

Exfoliate with: **L'Oréal Paris Elvive Phytoclear Intensive Exfoliate Scrub, £5.99** [4]. Pre-shampoo, it breaks down any build-up of impurities left by shampoo and styling products.

Cleanse with: **Herbal Essences Daily Detox Clean, £3.99** [2], which is free from silicones and parabens, for a total refresh.

Tone with: **Philip Kingsley Scalp Toner, £9**. It quickly soothes irritated or tight scalps.

Condition with: **Paul Mitchell Scalp Care Anti-Thinning Conditioner, £17.95** [3]: the combo of turmeric and pea peptides protects against breakage. ■



CUSHNIE ET OCHS



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In just two weeks:**

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Elizabeth Arden

NEW YORK

RECEIVE A MAKE-UP DUO FROM benefit

WHEN YOU SUBSCRIBE TO **GRAZIA**

LONG, LUSCIOUS LASHES are an absolute necessity in our book, which makes Benefit's They're Real! – the number one selling prestige mascara in the UK† – essential kit. Now it's yours – together with the brand's Hoola, the UK's number one selling prestige bronzer* – when you subscribe to Grazia. They're Real! lengthens, curls, volumises and separates with a long-wearing formula that won't smudge or dry out. Hoola bronzing powder delivers a sun-kissed glow when you dust over chin, cheeks and forehead with the natural-bristle brush. It's also great for contouring. 'This pair form a perfect capsule collection for your make-up bag,' says Grazia beauty and health director Rose Beer. 'Get ready to experience killer lashes.'



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1.

CHIC TO CHEEK

As with most things in life, options are always welcomed. Which makes NARS NARSissist Unfiltered II Cheek Palette, £45, a dream buy. Opt for earthy raspberry on days you require a fresh, athletic flush, or pale peach when all you need is a subtle glow.

selfridges.com

2.

NATURAL BEAUTY

It used to be that to go natural you had to sacrifice on efficiency. Not any more, thanks to Kiehl's Pure Vitality Skin Renewing Cream, £49. It harnesses Korean red ginseng root and manuka honey, both of which help skin resist oxidative damage and lock in hydration.

kiehls.co.uk

BEAUTY CHARTS

This week, we're beautifying ourselves from top to bottom (literally)

5.

BOTTOMS UP

If you thought facial masks were cutting edge, allow us to introduce you to their better, or should that be, bottom, half. Nannette de Gaspé Uplift Revealed Tush, £130, uses active ingredients like hyaluronic acid in a (discreet) dry mask formulation that plumps and lifts your derrière from inside your undergarments. Ooh er.

selfridges.com

4.

ROOTS MANOEUVRE

While blending powders aren't new, the technology of EVERPRObeauty Back2Blonde Temporary Root Touch-Up Magnetic Powder, £12.99, is. The binding formula clings to strands, making it perfect for on-the-go root reversal.

superdrug.com

3.

LIP SERVICE

A moisturising matte lipstick is a rare thing but bareMinerals Gen Nude Matte Liquid Lipcolour in Juju, £17, ticks all the boxes. Even better, the full coverage stays put through workouts and wine, and the plum shade is spot on for the new season.

bareminerals.co.uk

THE BEAUTY SPOT



LIP LOVE

An adult-appropriate incarnation of the kitsch apple cupcake/lolly-shaped lip glosses we collected as kids, YSL's Volupté Tint in Balms have us convinced our lives will be better – at least brighter – if we own one of each. Who knows (and frankly cares) whether it's the irresistible lip-shaped core packed with melt-on-the-mouth nourishing care, the sheer glossy colour pay-off or their sensational aesthetic that has us hooked. We just are. YSL Beauté Volupté Tint in Balms, £27 each, come in 12 shades, available at [selfridges.com](https://www.selfridges.com) from 10 February

WIN ALL 12 SHADES! GO TO @GRAZIAUK ON INSTAGRAM

THE SKINNY ON FAT

The modern world is anti-fat, but we shouldn't be. Biochemist Sylvia Tara's new book, *The Secret Life Of Fat* (£9.99, amazon.co.uk), unpacks the myths, explaining why fat is crucial and sorely misunderstood.



Backpacks for the gym and beyond...



Techno-vibes via **adidas by Stella McCartney, £49.95**



Victoria's Secret delivers neon coral, **£31.77**. We love.



Sweaty Betty, £75 – for workout or weekend.

FIT FILES

Everything you need to be fighting fit in body and soul

EAT FIT

Speedy, simple ready meals that deliver health-wise and win in the flavour stakes? Yes, please. Newly launched and conveniently available at Sainsbury's, the latest range from Fit Kitchen has been developed with a nutritionist to ensure each one delivers a balance of protein, vitamin and fibre, as well as serving up three of your five a day. Make Kung Pao Chicken, £3.80, your new lunch go-to.



HOLDING THE BABY

Finding the time to work out is one of a great many conundrums a mother faces. Innovative new exercise system CARiFiT might just be the answer. It delivers virtual fitness classes designed to work with your baby fastened to your front (in a carrier, safety first). Each workout focuses on building core strength, improving posture and re-energising tired mums. We love.

DOWN WITH 'DIET'

It can be tempting to switch regular drinks for their diet counterparts in a bid to drop the pounds, but a new study suggests this method doesn't deliver. Far from saving you cals, knocking back diet drinks simply means eating more of them at meal times. You already know it, but you're better off with a glass of water.





GIVE CHOCOLATE THE FINGER.

DECHOX™

Challenge yourself to give up chocolate for March

**FIGHT
FOR EVERY
HEARTBEAT**

Help raise money for life saving heart research
Sign up by 28 Feb at bhf.org.uk/dechox

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WEEK IN WEEK OUT

Food / Culture / Travel

COCONUT AND BUTTERNUT SQUASH CURRY WITH BLACK STICKY RICE

Butternut squash adds a lovely sweetness to the coconut and fragrant spices for a delicious curry.

Serves 4

Prep time: 30 minutes

Cooking time: 40 minutes

For the rice:

100g Chinese black sticky rice, soaked in water for at least one hour

1 tsp ground cumin

1 tsp sea salt

For the curry:

2 tbsp coconut or olive oil

2 onions, finely chopped

1 garlic clove, finely chopped

Thumb-sized piece ginger, chopped

1-2 red chillies, sliced

1 heaped tsp ground turmeric

1 tsp ground coriander

1 medium butternut squash, peeled, deseeded and sliced into 3cm cubes

350ml hot vegetable stock

400ml can of coconut milk

1 tbsp fish sauce

1 tsp honey

Zest and juice of 1 unwaxed lime

Handful of coriander leaves, chopped

1 lime, quartered

1 Drain and rinse the rice well and place in a pan with 500ml water. Bring to the boil. Reduce the heat, cover and simmer for 40 mins until the liquid has been absorbed.

2 Heat the oil in a large pan. Add the onions and cook for 8-10 mins.

3 Reduce the heat to low and add the garlic, ginger, chillies and spices. Cook for a minute, then add the squash. The spices will dry out the pan, but don't add more oil. Cook for a minute, increase the heat to medium and add half the stock and half the coconut milk. As soon as this starts bubbling, add the remaining stock and coconut milk, fish sauce, honey and lime zest and juice. Season, then reduce the heat to low and leave to simmer for 10-15 mins until the squash is tender.

4 Once the rice has cooked, stir in the cumin and salt and divide between four bowls. Ladle on the curry and top with coriander leaves and a lime wedge. ▶

This week, guest editor Alex Hely-Hutchinson does a gorgeous veggie curry, gets spicy with condiments and gives us the lowdown on a new dining trend...



SUPPER CLUB

PHOTOGRAPHS
HAARALA HAMILTON



MEET THE CHEF

Alex Hely-Hutchinson began selling her slow-cooked, hot porridge pots from a pop-up stall in London's Old Street Tube station two years ago. Now she's opened her first café in Covent Garden, and launched her debut cookbook, *26 Grains* (£20, Square Peg), which features more-ish recipes using nine main grains, from amaranth to millet. 'There are endless ways they can be cooked and are so much fun,' she says.

TASTE TREND

OUT OF AFRICA

North and West African spices transform a simple dish into a hearty masterpiece. My go-tos are dukkah, an aromatic mix that includes nuts and sesame seeds, and tsire, a combo of ground peanuts and spices that is often used to coat meat. Try roasting your veggies with one, or add to meat dishes. Find them all in good supermarkets.



FOOD NEWS

Warning: don't read this page if you're hungry



Hill & Szrok is a butchers by day and an eatery by night



SHOP & EAT

The cookshop, a place that sells food in the day and turns restaurant at night, is a such a brilliant idea. One of my faves is London's Hill & Szrok (hillandszrok.co.uk); it's where I go to source meat when cooking at home and it's also a great place to grab a glass of wine and delicious food in the evenings. Once the butchers are done with selling meat for the day, the counters are washed down and, as well as dining at tables, you can eat at the clean marble chopping block. Dishes change daily and you can choose your cut of meat, as well as enjoy dishes such as roasted romaine lettuce with Parmesan dressing and courgette with lemon and almonds.



YOUR INSTA DINNER

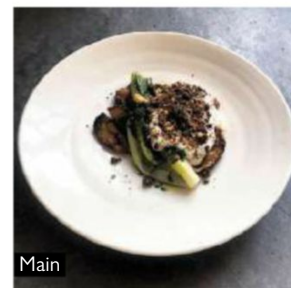
– sorted!



Starter

Squash soup with cayenne oil and pickled beets.

Deliciously balanced. @sqirla



Main

Beetroot and chickpea houmous with dukkah.

Stunning combo. @lyleslondon



Pudding

Borage honey and custard tart. Lovely and refreshing.

@skyegyngell



GADGET LOVE

I love a julienne peeler (OXO Good Grips, £5.94, amazon.co.uk), as it allows me to prepare fruit and veg so they can be eaten raw, adding a lovely crunch to a salad. A fave is baby kale salad with julienned apple and golden beetroot, plus hazelnuts and pecorino.



It takes a
BIG HEART
to let
him off
an expensive
restaurant
this Valentine's

Surprise him with something startlingly good, delightfully quick...and with a sweet bite of chilli.

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Three.co.uk

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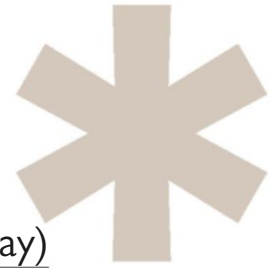
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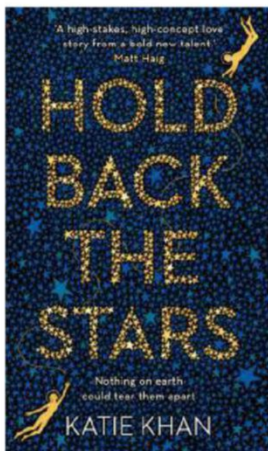
EMPIRE
THE WORLD'S BIGGEST MOVIE MAGAZINE



CULTURE



Katie Khan is taking us to into space with her utopian love story. Here's what *Grazia* thought of *Hold Back The Stars* (£12.99, Doubleday)



adrift in space with only 90 minutes of oxygen left, stranded above a world where love is banned – I'm sure fans of dystopian fiction will find this much more their cup of tea.



EMILY PHILLIPS
Grazia's features director

★★★★☆

I personally love a slightly YA-ish read, and this is just the ticket if you're looking to get lost in a breathless love story in space. There's a political undertone to the plot, too: Carys and Max live in a future where young people must rotate around various points in what is basically a hyped-up E. It left me

pinning for a better world in the current climate.



ANNA SILVERMAN
Grazia's junior features writer

★★★★☆

If it's escapism you're after, *Hold Back The Stars* will take you suitably out of this world. I enjoyed the star-crossed lovers' relationship, and flashbacks to their lives on the world below make their 'final' moments all the more raw, even if I was a bit confused by the mysterious endings.

NEXT WEEK

'*The Good People*' by Hannah Kent. Join the conversation @GraziaUK

STORY TIME

PARIS FOR ONE & OTHER STORIES

Jojo Moyes

The *Me Before You* favourite brings us 11 stories of love, loss and laughter. From provincial Sophie swept off her feet in Paris to Beth being confronted by an ex, we've all been in one of their shoes. (£12.99, Michael Joseph)

MY SISTER'S BONES
Nuala Ellwood

When war reporter Kate returns to the family home after her mother's death, she hears a scream in the night – and knows there's a secret to uncover. (£12.99, Viking)



FIONA COWOOD
Grazia contributing editor

★★☆☆☆

I must admit, Space Romance is not really my genre. Although I liked Katie Khan's premise – a couple

Get your fix of watercooler films and new music...

1.

RAG'N'BONE MAN – HUMAN

The single of the same name might have only just missed Christmas No. 1, but *Human* the album showcases the Critic's Choice Winner's soulful sound.



20TH CENTURY WOMEN

Annette Bening, Elle Fanning and Greta Gerwig star in this Oscar-nominated exploration of freedom and love in late '70s California. Out Friday

2.

3.

FENCES

Denzel Washington takes the Oscar-touted lead in this story of an African-American father raising his family against the obstacles of the 1950s. Based on August Wilson's Pulitzer-winning play. Out Friday



4.

FIFTY SHADES DARKER

The most hot-and-bothered-ly anticipated sequel of 2017: EL James's follow-up, where Christian wrestles with his demons and Ana confronts her envy of the many women that came before her. Out Friday



SCREEN TIME

WITH PAUL FLYNN



The Moorside delves into a case that shook Britain, Dan Stevens keeps us on our toes and *Roots* causes shockwaves once more

DROPPING THIS WEEK

The unedifying missing person's case of nine-year-old Shannon Matthews became a complicated national obsession in 2008. There are no spoilers regarding *The Moorside*, a dramatisation of this most Jeremy Kyle of crimes. We know that Shannon's mother, Karen (Gemma Whelan), apparently inspired by a fractious mix of greed, empathy and jealousy toward the McCann family, organised the scam by sending Shannon off to stay with her boyfriend's uncle a mile away. Writer Neil McKay already has the moors murders (*See No Evil*) and Fred and Rose West (*Appropriate Adult*) on his CV. Karen Matthews was not a violent psycho-sexual career criminal, though. She was the cracks in the system, exposed, part of what Cameron identified as 'Broken Britain' before taking his own arbitrary axe further to it with austerity. Sheridan Smith is the star turn here as Karen's friend Julie Bushby, galvanising the Matthews' Dewsbury estate into action. Telling their deeply unhappy story from the community angle gives it a fresh, almost hopeful angle. In her more overblown 'we look after our own' speeches, Smith feels like she's playing the estate Eva Perón and Whelan is fabulously unforgiving as Karen. In most regards, *The Moorside* brings something new to a very familiar parable drawn from modern Britain. Tuesday, 9pm, BBC One



Sheridan Smith in *The Moorside*

GONE GIRLS

By episode three of the last season of *Girls*, Lena Dunham had magically recaptured everything that was amazing about the zeitgeist she ushered in. And now... farewell. There will be no more Jessa, Marnie, Shoshanna and Hannah. They will be badly, sadly missed, leaving a massively influential, generational legacy in their wake. It's probably exactly the right time to do it, tbh. Still, tears. Begins Monday, 10pm, Sky Atlantic

BACK TO OUR ROOTS

With an award-littered film director in charge of each episode and a cast that numbers Forest Whitaker, Malachi Kirby and Anna Paquin among it, the remake of *Roots* is already must-see TV. In the '70s, the story of Kunta Kinte and his family, an astonishing dramatic retelling of American slavery, caused massive TV shockwaves. It is as important now as it ever was. Please watch. Begins Wednesday, 9pm, BBC Four

COUNTRY AIRS

Life in the Cotswolds isn't all the old Primrose Hill set decamped in Hunter wellies to get wasted away from the paps, you know. Meet Kerry and Lee Mucklowe, disaffected youth of this parish and subject of *This Country*, a new, funny and sharp mockumentary about being bored in a sleepy rural town. Streaming on BBC Three, from Wednesday

THE EVOLUTION OF...

Dan Stevens

2006



FIRST SMASHED IT IN...

The Line Of Beauty
A new Jeremy Irons in sumptuous Booker-Prize belter. iTunes/Apple TV

2010



WON GLOBAL FAME WITH...

Downton Abbey Cousin Matthew's exit is still one of the all-time Christmas TV tear-jerkers. Amazon Prime

2017



NOW HITS THE X FACTOR IN...

Legion X-Men spin-off sees the very definition of English gent take a sidestep into the superhero business. Fox UK



LAURA JANE WILLIAMS

WOULD LIKE TO MEET...

Laura Jane Williams is looking for love – and she's not afraid to say it...

This week: she gets her flirt quota up

**'WOW, HE REALLY TOOK A
LIVING TO YOU, DIDN'T HE?'**

Calum said, as we entered the cinema. I knew exactly what he meant: the guy who took our tickets kept us there for longer than strictly necessary, and I'd engineered it. Practised my charm on him. I didn't fancy him, but as I explained to Cal, 'I needed to reach my flirt target for the week.' Calum furrowed his brow. 'Your target?' I admitted to him what I'll admit to you: I'm trying to meet – and converse with – 20 new men a week.

Look. I might've stopped dating because of crappy sex and endless psychological warfare (and because I have, simply, run out of energy) but I still, secretly, want to meet men. I know! I don't understand me either! I suppose I half-hope that, despite my protestations, romance will just sort of... happen, at some point. Like in the movies. Effortlessly. That I'll bump into him and spill coffee on his shirt and then we'll get married. I'm not actively dating, but I still want to meet blokes. I just don't want the circus that comes with dates – the performance of it all.

I never thought I'd be the woman to



From top: my 18th-century Japanese art specialist of an obscure NY gallery look; #laurajanesweats. Laura Jane is on Instagram @superlativelyLJ



IT OCCURS TO ME:
YOU DON'T HAVE TO
BE CLEVER TO FLIRT,
JUST INTERESTED.
IT BOOSTS MY
CONFIDENCE

buy a book on men and where to find them, but somebody slides into my Twitter DMs to insist what Matthew Hussey writes in *Get The Guy* is imperative for every single woman to know. It's no good only practising flirting with a guy you fancy, the book argues. That's like saying you'll learn your lines when you're already onstage. In order to meet that one man, you've got to meet many: 20 a week, to be precise. I am to strike up conversation at the gym, at the post office, in cafes... everywhere. Anywhere. Always.

Holding eye contact is the first key. Whenever I make eye contact with a guy – cute, or otherwise – I automatically look away. I don't wanna be pervy, or weird. But who said smiling is pervy or weird? Friendly people are attractive, right? And so I make eye contact and smile with a tall guy when waiting for my friend's kid at the school gates, and what do you know? Our 'hey' turns into a full conversation about the weather. It wasn't clever or hilarious chat, but it occurs to me: you don't have to be clever to flirt, just interested. I didn't know that. I thought to flirt you had to be beautiful and only say witty things. It boosts my confidence.

I joke with the barista at my coffee shop: 'You're asking me more questions about my coffee order than my mother does about my life!' Ask the Deliveroo guy how his day is going. Tell the man at the gym I like his shorts. Suddenly, men are in surplus. I've gone from feeling like none are to be found to swimming in their attentions.

Now I just need to figure out how to get them to ask me out.

I'm a Grazia girl...

GET ME OUT
OF HERE!

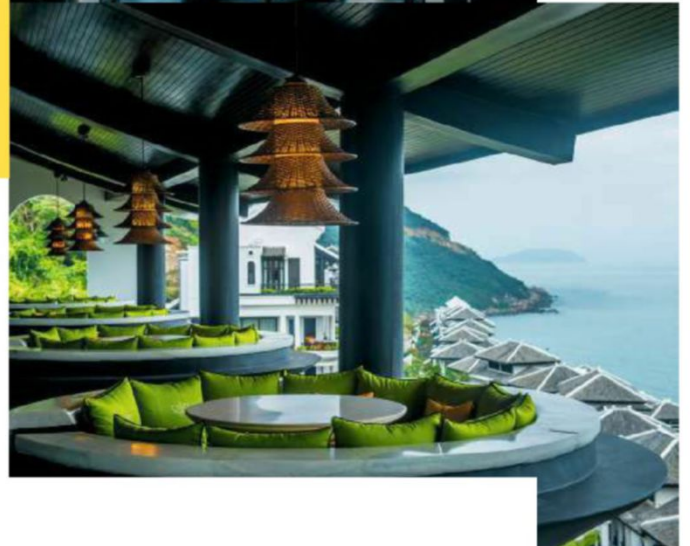
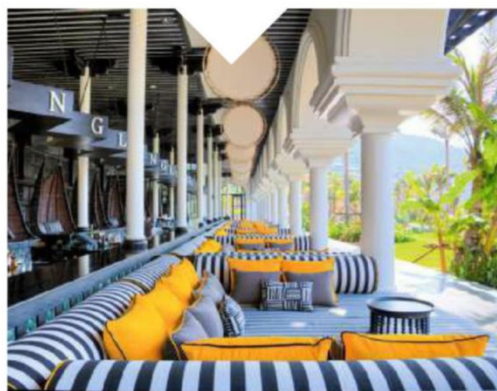
*Need some holiday inspiration to get through a dreary week?
Then check out these fabulous destination ideas...*

Breathtaking views and the pinnacle of luxury accommodation – everything you need for a honeymoon

Designer luxe in VIETNAM

Boasting some of the most spectacular hotels, Da Nang in central Vietnam is the perfect destination for those looking to combine fascinating local history with blissful relaxation. In fact, if you're in search of honeymoon ideas, look no further.

THE PLACE TO STAY The InterContinental Danang Sun Peninsula Resort has officially been named the World's Leading Luxury Resort for the second consecutive year and the accolades speak for themselves. Designed by leading architect Bill Bensley, the hotel is an other-worldly mesh of madness and magnificence. Choose from 200 luxury rooms, suites, villas and penthouses, all nestled in the breathtaking Monkey Mountains. If you don't see a real-life monkey, there are plenty dotted around in the form of quirky artworks and cuddly toys. With its very own cinema, karaoke rooms, Moulin Rouge cabaret and award-winning spa, it's like *Alice In Wonderland*, grown-up style.



THE VIBE Da Nang is laid-back and friendly with white sand beach-front villas on the one side and the Han River, with its kooky Dragon Bridge, flowing on the other. Must-sees of the area include the 67 metre-high 'Lady Buddha' statue and the caves, tunnels and temples of the Marble Mountains. Be sure to visit the ancient, riverside town of Hoi An, just 30 minutes south, with its grand architecture, silk village and quaint shops offering touristy treasures. Be prepared to barter.

EAT Try the street food cooked by locals in the narrow back streets – think steaming noodles, aromatic chicken rice, and crackly bánh mì. For a more fine-dining experience, the hotel's La Maison 1888, with three-star Michelin chef Pierre Gagnaire, is a must.

PACK A mix of comfortable and cool for sightseeing by day and your finest resortwear to complement the hotel's chic decadence by night.

THE LOWDOWN A classic room with fabulous ocean view starts from about £255 per night (danang.intercontinental.com). Vietnam Airlines (vietnamairlines.com) flies from London to Danang International Airport from £365 return. ▶

Shopping & spa girls weekend in MARRAKECH

The great thing about a girls' long weekend is that you can achieve as much in three days as you would in a week with a dithering other half. Marrakech is just a three-and-a-half hour flight from London – and it's amazing just how much shopping you can pack in!

THE PLACE TO STAY Ezzahra is a glorious estate set in 20,000 sq m of gardens in the Palmeraie area of Marrakech, a 15-minute drive from the medina. Three exquisite villas, surrounded by date palms, pomegranate trees and endless lawns make it the perfect oasis for a house-party weekend. Swim in one of the two enormous pools, kick back with drinks in the Moroccan bell tent on the lawn, sit down for a film screening in the cinema room and eat Moroccan food prepared and served when and how you like it. The estate even has its own hammam to scrub away any shopping aches, followed by a massage, pedi or mani from one of the on-site beauticians.

THE VIBE It's all very A-list-tastic, like walking on to the set of a Bond film. A chauffeur is on standby to take you into the medina, or on an escorted personal shopping trip, or to the Atlas mountains for a day's hiking or out clubbing (Club 555, beachclub555.com; Pacha, pachamarrakech.com, and the swanky rooftop bar at the Pearl Hotel, thepearlmarrakech.com/en). A sneaky look at the visitor's book reveals Daniel Craig stayed here recently and wrote: 'A touch of paradise, I'll count the days until

I return.' Hopefully when we're there too, Daniel.

EAT It's all healthy and delicious, from piles of fresh dates, pomegranate and home-made yogurt for breakfast to fresh khoubz bread with aubergine salad and monkfish tagine for supper.

SHOPPING Marrakech's best-kept shopping secret is in the outlying industrial district called Sidi Ghanem. Behind inauspicious warehouse doors lie chic French interiors and ceramics companies. Head to Fenyadi (Route de Safi) and Chabi Chic (chabi-chic.com) for richly-glazed ceramics and Les Sens de Marrakech (lessensdumonde.com) for bath products. While trawling the medina is still a must-do – stop for lunch at Café Des Epices (cafedesepices.net) – steer clear of the tat and instead hunt out exquisitely embroidered kaftans and blouses at Aya's (ayasmarrakech.com) and Akbar Delights (akbardelightscollections.com).

THE LOWDOWN Easyjet flies to Marrakech, from £179. Villas start from £375pp per day, including meals, treatments, plus a chauffeur (ezzahra-morocco.com).



The pools at Ezzahra are suitably A-list



The beach at Shanti Maurice lies between lush rainforest and azure ocean

Take a hike in MAURITIUS

Nothing beats the pristine, sandy shores on this idyllic island and who doesn't love to swing in a hammock between two palm trees? But if the intrepid explorer inside you wants to venture into the wild, there's plenty to keep you busy on this island's lovely west coast.

THE PLACE TO STAY The luxury Shanti Maurice Hotel is a short drive from the Black River National Park and Le Morne peninsula. Miles away from the hustle and bustle further north, Shanti, with its mix of beachfront suites and private villas, is rustic, secluded and dense in rainforest foliage – just what you need during those sweltering summer months.

THE VIBE Stylish adventure. Trek through the gorge or get the ultimate high scrambling up Le Morne's mountainous peak for a 360° view of the glistening shores. Afterwards, massage away the aches in the

hotel's humongous spa – one of the largest in the Indian Ocean – and enjoy the surprise sorbet or ice cream that will magically appear the second you sit down on a sunlounger. Whatever the watersport, they have the boat/snorkel/skis for you and it's all included. Or if you'd rather gaze out to sea from the comfort of your ocean-facing, king-sized bed, you can do that too.

EAT Choose between casual beach barbecues or fine dining at the oceanfront restaurant. And don't forget to try Aquacasian cuisine, bringing together the very best of recipes from the Indian Ocean region, at Stars restaurant – Mauritian Smoked Blue Marlin Salad is not to be missed.

PACK Hiking boots, your swimming cossie and a glamorous maxidress for the evening.

THE LOWDOWN Rates at Shanti Maurice start at £385 per room per night (approx £296.30) for a double Junior Suite Ocean View Room. Visit shantimaurence.com. Air Mauritius (airmauritius.com) depart from London Heathrow twice a week, flights from £800 return. For more info visit tourism-mauritius.mu.



Seaside charm in CAMBER SANDS

Seven miles of glorious, open beaches and sand dunes are the main reason people come to laid-back Camber. The Gallivant Hotel is the other.

THE PLACE TO STAY The Gallivant bills itself as a 'coastal restaurant with rooms'. Opened in 2014 it features 20 bedrooms, each an inspired mix of beach-cabin, stylish country house and Farrow & Ball catalogue. Our Luxury Garden room had its own semi-private deck that gave on to the landscaped coastal garden (there's a bit of an upscale motel vibe going on). The room was spacious, with a huge bed and sliding frosted-glass panels behind which were an inviting freestanding bath and monsoon shower. The Gallivant Restaurant offers breakfast, lunch, dinner and afternoon tea while the Beach Massage Hut is the place to go for a restorative treat after a hard day's lounging.

THE VIBE A variety of lovers of sand and sea can be found at Camber Sands – from dog walkers (the Gallivant is dog-friendly, providing bowls and treats for your pooch) to city-tired sun-seekers. Do stop off in postcard-pretty Rye, a medieval town full of antique shops that's a 10-minute ride away.

EAT Melt in the mouth slow-cooked feather blade beef and panzanella salad, or catch of

the day with locally sourced vegetables at the Gallivant Restaurant. And be sure to pop in for free tea and cake of the day from 4-5pm.

PACK Right now, a jumper and waterproof, and even in summer an extra layer for when the sea breeze picks up plus something smart-casual to wear to dinner.

THE LOWDOWN B&B from £95 midweek and £140 at weekends (thegallivant.co.uk).



An island escape in JERSEY

Need to get away but only got a night or two to spare? The Channel Island of Jersey has it all – unspoilt beaches, chic shops and incredible seafood, and it's all just one hour away.

THE PLACE TO STAY The Grand Jersey Hotel & Spa. One of the island's historic hotels, it's all rich colours and opulent fabrics with views that take in the sea and the 16th-century Elizabeth's Castle. Book some downtime in the stylish spa and inviting pool, and start your evening in the decadent Champagne Lounge.

THE VIBE Fabulously laid-back. Stroll around capital, St Helier, through the food market and tempting shops filled with local produce. Go yacht-spotting in pretty St Aubin or head to the Instagram-heaven of St Brelade's Bay.

EAT Local oysters with a view at the Oyster Box at St Brelade's. The Salty Dog Bar & Bistro in St Aubin (saltydogbistro.com) does seafood with a twist – think Vietnamese hot and sour broth with prawn dumplings. For fine dining, book a table at the Grand Jersey's Tassili restaurant.

PACK There's a leisurely, anything-goes attitude to outfits, so casual-cool will cut it. Don't forget a stylish parka as it can get breezy.

THE LOWDOWN Double rooms start from £107 (handpickedhotels.co.uk/grandjersey); BA from London Gatwick, from £69.

St Brelade's Bay, one of Jersey's most picturesque beaches



NOW OVER TO YOU...

From an insider's view on the sex industry to riding the bridezilla bandwagon – our features got you fired up this week!



LETTER OF THE WEEK

HEAR OUR VOICE

I just read 'Someone offered me £40 for sex... so I took it' (30 Jan). I've worked as an indoor sex worker for years. I was dismayed that the article concluded with the words of a volunteer and not one of us who actually works in the industry. 'Where there's demand, there's always going to be supply, but how do you tackle that?' By doing so, it appears to push a criminalisation agenda. All the sex workers I know want decriminalisation because we want to work as safely as possible and without fear of a criminal record. That goes for indoor sex workers who work together (as more than one sex worker working on a premises can be arrested for managing a brothel) and street sex workers who get arrested and are then forced to work more to pay off court fines. Criminalisation will not end demand. It will only make it more dangerous and push everything deeper underground. Please speak to us. Don't speak for us.
Elizabeth

RIGHTS AND WRONGS

I was horrified reading *Could domestic violence soon be legal in Russia?* (30 Jan) and have signed the change.org petition. We need to stand up for all human rights against this

fast-turning global tide of bullying and regression. Thank you for the article and please continue to keep people alerted.
Lesley

FRAZZLE DAZZLE

Grazia challenges me, inspires me and entertains me, but *Have you hit peak frazzle?* (30 Jan) made me laugh out loud. The scenarios Fiona Cowood created were hilarious and I could tick each box. It was like reading a memoir of my life. The shame!
Gill (PF)

FERTILITY MATTERS

I agree that there is a double standard about the age men and women become parents ('*What's wrong with a woman having a baby at 64?*', 30 Jan). But I also think a balanced approach is needed regarding the reality of fertility. Most women don't find out they're infertile until near or past the cut-off for NHS fertility treatment, the efficacy of which decreases year on year. We don't talk about this openly and women suffer as a result. By all means wait to become parents, but check your fertility in your twenties in case, by the time you're ready, it's too late.
Name withheld

It's all very well for a woman to feel fulfilled, but at what cost to the child? Life is difficult enough without sending them off on their journey with elderly parents and often no other siblings to share the burden. And, no, it's not OK for Mick Jagger to become a father at 73 just because his body still allows him to. It's equally selfish.
Stephanie



I DO, I DO... I DON'T!

I've been a bridesmaid twice and attended five weddings in 13 months (*The bridesmaid conundrum*, 16 Jan) – each one an assault on my bank balance. I ruled out any hope of saving or going on a decent holiday. For one in particular, I had to make the perfect speech, organise the perfect hen party, support the bride in choosing her dress and hairdo and other duties, which I just didn't have the time for. The bride is really easygoing, but got the feeling I wasn't there for her as much as she wanted. Then there was the dress, which had to be identical to the flower girl's. As a 31-year-old, I didn't particularly want to share my style with a child. Our hair

and make-up was done at a cheap salon where I felt like an extra in *TOWIE*. The bride, on the other hand, looked natural and classic. The cost of the hen, a generous gift plus the hotel was eye-watering. I'm with Jennifer Lawrence on this – never again. While I love my friends, I don't want to wear make-up that makes me look like I'm in bad drag and push myself towards bankruptcy for just one day. I'm finished.
Name and address withheld

RAISING THE PROFILE

I read '*I'm battling the same disease as Bella Hadid*' (16 Jan) while having my detox bath to help with the debilitating symptoms I have every day. Tears were flowing. I'm 30 and have had Lyme disease for 16 years; 15 of those, no one knew what was wrong with me. I was glad Sarah didn't have to wait for a diagnosis, but I know this doesn't make the journey to get better any easier. Every day is a battle and, until recently, Lyme was dismissed as just 'depression', or nothing serious. I was delighted to see a story about it – hopefully more people will become aware and a cure will be found.
Naoise



The letter of the week wins luxury skincare worth £150 from Ermana. Made in Britain from a blend of botanicals, essential oils and natural ingredients, Ermana's nourishing products are preservative-free and contain no parabens, sulphates, artificial fragrances or colourings.

TO HAVE YOUR SAY, EMAIL US AT FEEDBACK@GRAZIAMAGAZINE.CO.UK, POST YOUR COMMENTS ON [GRAZIADAILY.CO.UK](https://www.facebook.com/GraziaDaily), TWEET @GRAZIA_LIVE OR FIND US ON FACEBOOK AT GRAZIA UK

Frill halter-neck knit, £89, and Lilian pleated skirt, £169 (both in-store April/May)

Nadia silk jumpsuit, £249 (in-store Feb/Mar)

WIN £1,000 TO SPEND AT WHISTLES

Plus a personal styling session!

FANCY AN EXCLUSIVE VIP SHOPPING EXPERIENCE with

£1,000 to spend? Whether you're looking for the perfect occasion outfit or simply want to update your weekend wardrobe, ease into the new season with a style overhaul, courtesy of Whistles.

TO ENTER visit Graziadaily.co.uk/whistles. The lucky winner will be welcomed at Whistles' personal shopping suite at its flagship London store in St Christopher's Place, where they can spend up to £1,000 with the help and advice of a dedicated stylist.* Good luck!

WHISTLES

ENTER AT GRAZIADAILY.CO.UK/WHISTLES*

*Terms and conditions: The prize is a S/S '17 personal styling appointment with £1,000 to spend on full-price merchandise in Whistles at their Central London flagship store, St Christopher's Place. Competition opens Tuesday 7 February and ends on Monday 13 February at midnight. Entries received before the start date or after the end date will be invalid. Participants must be 18 or over. The winner must book their appointment within 14 days of receiving confirmation of winning. The prize may not be substituted for cash or any other products. If Whistles has not been able to contact the winner within 14 days they reserve the right to offer the prize to another entrant. If the full value is not spent during the styling appointment at Whistles' flagship store, St Christopher's Place, the remainder will be added to a Whistles gift card that can be redeemed in any Whistles stand-alone store. Please note: travel costs to the flagship store are not included in the prize.



HOROSCOPES

BY PETER
WATSON



AQUARIUS

21 Jan – 19 Feb

You no doubt have one or two secrets or pieces of information you keep to yourself. Most of us do. That's fine, except that a moral dilemma will force you to decide whether or not to disclose certain facts or figures. You obviously mustn't succumb to emotional blackmail and betray a confidence. So let Mercury entering your sign help you analyse the situation and, by the end of the week, choose one option over another.

PISCES 20 Feb – 20 Mar

People might mutter a few comments about your health, fitness or well-being without really saying what they mean. They're afraid you'll accuse them of interfering so ask them to spell out their concerns. Remaining calm and friendly, accept their ideas with respect, even if you have no intention of acting on them.

ARIES 21 Mar – 20 Apr

It may be difficult to take time out to please someone wanting to indulge in a few treats with you. But you should do it, even if it means sidelining practical matters. Your main priority this week should, if possible, be your romantic or social life. Don't worry – the world will still keep turning while you're off-duty.

TAURUS 21 Apr – 21 May

In your enthusiasm to cut a swathe through a huge number of outstanding chores, you might forget that even you have limitations. And Jupiter's change of direction is highlighting the fact that, at times like this, you underestimate the amount of work and overestimate your capacity to deal with it. Think again.

GEMINI 22 May – 21 Jun

Speak openly about your views on a practical, political or intellectual conundrum. But don't ignore the impact you could have on someone who is feeling very sensitive. Comments made without thought could sound offensive and you're involved in an area that's far more complicated than you might realise.

CANCER 22 Jun – 23 Jul

If money arrives out of the blue, it's best not to dispose of it in a hurry. A spending spree might be your idea of heaven but you could get caught up in discussions about a financial shortfall occurring elsewhere. Remaining sane and sensible might sound dull but it's indisputably the best course of action.

LEO 24 Jul – 23 Aug

Having promised yourself that you will keep some controversial thoughts and ideas to yourself, you might have to reassess the situation. Someone else's behaviour is likely to force you, all of a sudden, to protest against a set-up that is not of your choosing. Try your best to come across as collaborative rather than combative.

VIRGO 24 Aug – 23 Sep

Those expecting you to work for them or provide essential support might assume they needn't pay or reward you. A Sun-Jupiter link urges you to become completely transparent about your feelings. You mustn't allow awkwardness and embarrassment to silence you this time round, as you have in similar situations in the past.

LIBRA 24 Sep – 23 Oct

Until now, you might have felt optimistic about important developments in your personal life. But you'll soon flip-flop and focus on the possible downside rather than see it as entirely positive. Try to look at such situations from all perspectives while refusing to become so pessimistic that you fail before you even begin.

SCORPIO 24 Oct – 22 Nov

Perhaps no one told you how much would be expected of you with regard to developments within a financial or property set-up. And it's only this week that you'll have a much higher profile than usual. Nerve-wracking though this might be, see it as an opportunity to have previously unacknowledged strengths and talents recognised.

SAGITTARIUS 23 Nov – 21 Dec

Listen to someone close suggesting that travel or daring ventures should be on the cards. But don't feel you have to agree unless your heart's in it. The Leo Full Moon could make you too keen to please and you don't want to have to say you've changed your mind once you've fully committed yourself.

CAPRICORN 22 Dec – 20 Jan

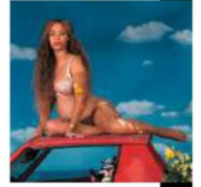
One or two individuals might try to corner you into making decisions which could, if everything goes wrong, cost you quite a lot. So you should heed the advice and wisdom of a certain individual who is willing to speak from experience and offer advice you could never get anywhere else. Know when to trust.

*AND FINALLY...

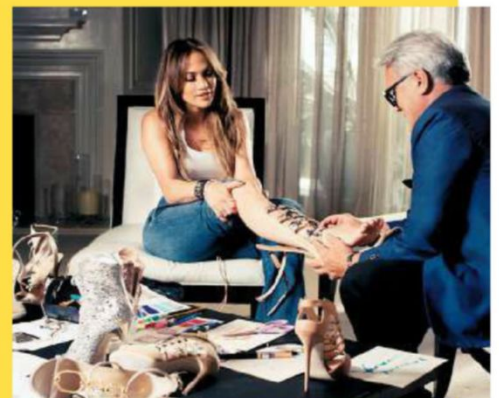
From Bey's baby double-whammy to J-Lo's stiletto heaven



Last week, Beyoncé announced that she was pregnant with twins, posing nude and writing on Instagram: 'We would like to share our love and happiness. We have been blessed two times over. We are incredibly grateful that our family will be growing by two, and we thank you for your well wishes.'



J-LO HAS LONG been a fan of Giuseppe Zanotti's shoes, and it seems that the admiration is mutual – cue Giuseppe for Jennifer Lopez, a capsule collection of strappy stilettos and statement flats. If they're good enough for J-Lo...
giuseppезanottidesign.com



WHAT DO YOU GET when you mix Alexa Chung, French new wave cinema, and a Breton stripe? Denim go-to AG's new campaign, and our latest jean obsession.
agjeans.com



THEY WERE THE FIRST to stock designers Roksanda and Craig Green, are favourites with fashion editors and count Björk as a repeat customer, so the news of Other/Shop's brand new space in London's Soho has us cancelling our weekend plans.
3 Berwick Street, W1F 0DR

ME, MY SELFIE AND I



'I WAS WITH SOMEONE I LIKED AND I WALKED INTO A GLASS DOOR. IT WAS REALLY HARD TO STYLE OUT, WHAT WITH THE BUMP'

CAROLINE FLACK, 37

We ask the TV presenter to take an exclusive selfie – and reveal all



Who is your best friend?

My twin sister Jody [right]. We're yin and yang, we don't work without the other. She's got three kids and I kind of feel like they're my kids as well, which is great.

What's your biggest regret?

I try not to have regrets because I dwell on them and it's unhealthy. My one regret would be having a fringe cut. Ever since I had it done, my hair has never been the same again.

What's your biggest extravagance?

Holidays. Actually, it sounds better if I say 'travelling'. I probably go away five or six times a year, sometimes with friends and sometimes on my own. I like really bustling cities. I recently went to Kuala Lumpur.

When was the last time you were embarrassed?

I was with someone that I rather like and I walked into a glass door. It was really hard to style out because then I developed a bump on my head that got bigger and bigger throughout the night.

What's your type?

I always think my exes are very different, but my mum says they all look exactly the same. I like someone kind and thoughtful – someone like my brother.

When did you last lose your temper?

I had an argument with a friend and instantly regretted it. I'm a classic Scorpio, I keep everything bottled up and then it all comes out. When in doubt, blame your star sign.

What from your past would you like to delete from the internet?

Every picture of the fringe.

Who owes you an apology?

I think if someone wants to apologise then fine, but I'd never ask for one.

Who or what would go in your room 101?

Lateness. It's the only thing I have OCD with, being on time – I think it's a desire to not let people down. It costs nothing to be on time. It's manners.

Tell us a secret?

I'm a really bad cook. I eat well, but I don't cook meals. I just cook things separately that don't really go together – like chicken, nuts and broccoli.

What's the biggest misconception about you?

I'm sure there's loads. I'm 5ft 3in and the first thing people say is, 'Oh, aren't you short.' I don't think they realise.

Who do you miss most?

My sister.

Biggest life lesson?

Take risks and don't be afraid of failure. Also, everyone is just trying to be happy, so give people a break.

Rankin's T-shirt collection to support Red Nose Day 2017 is available online at tkmaxx.com and rednoseday.com from 1 February and exclusively in TK Maxx stores nationwide from 13 February

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Wash today away. *Start tomorrow fresh!*
New Herbal Essences DAILY DETOX gently removes everyday impurities like pollution,* sweat, and buildup. It's clean haircare with no silicones,** colourants, or heavy residues.

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*Air pollutants such as dust **In shampoo

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